



# America's Army Reserve

**READY NOW! SHAPING TOMORROW...**

**Commanding General's Forum 2022**  
**28-30 October 2022**

**LTG Jody J. Daniels,**  
**Chief of Army Reserve and Commanding General,**  
**United States Army Reserve Command**

**COL (R) John McCarthy,**  
**United States Army Reserve Command Senior Spouse / Senior**  
**Volunteer Advisor**

*Ready Now! Shaping Tomorrow...*



# Day 1



# Spouse Symposium: Friday, 28 October 2022 (1/2)



Time	Event	Facilitator	Notes
0800-0900	<b>Arrival / Check In</b>	SGS/Protocol	Command Teams + Spouses, Collect Landing Fee
0900-0905	Welcome & Conference Overview	USARC CoS	CoS Welcome / Admin / Forum Objectives
0905-0930	Opening Comments	USARC CG	Command Teams + Spouses Attend Together
		USARC CSM	
		USARC CCWO	
		Mr. McCarthy	
0930-0940	Retention Awards	USARC CG	Highest performing retention professionals will receive awards
0940-1030	CG's Guidance	USARC CG	Prime subordinate commanders on where CG wants to achieve CY23-24, reviewing draft Plan of Action and 2-Year Message to Force
1030-1100	Break/Shift to <b>SECRET</b>	USARC CoS	<b>Switch to SIPR / SVTC; Spouses move to AROC 0520</b>
1100-1115	Ice Breaker and Spouse Welcome	ARFP Director and Mr. McCarthy	AROC 0520
1115-1145	Military Community and Family Policy	Mrs. Patricia Barron	AROC 0520
1145-1200	Question and Answer	ARFP Director	AROC 0520
1200-1300	Lunch	Protocol	Atrium



# Spouse Symposium : Friday, 28 October 2022 (2/2)



Time			
1300-1400	RD & MSC Family Programs Overview & Lessons Learned (63 <sup>rd</sup> , 81 <sup>st</sup> , 88 <sup>th</sup> , 99 <sup>th</sup> , 1 <sup>st</sup> , 7 <sup>th</sup> , 9 <sup>th</sup> )	ARFP Director	AROC 0520
1400-1430	Break	USARC CoS	Reflect on CG's guidance, operational context & direction
1430-1450	Office of Small Business Development Question and Answer	Ms. Laura Wages	AROC 0520
1450-1510	Army Reserve Tricare Question and Answer	Mr. Howard Hughes	AROC 0520
1510-1530	USARC Behavioral Health Program Question and Answer	COL Leanna Brown	AROC 0520
1530-1550	Retirement Services Overview	Mr. Vaughan (G-1 SSD)	AROC 0520
1550-1600	AAR/Daily Closeout	USARC CG	
1600	Transition to USARC Dining Out		



# Spouse Symposium : Saturday, 29 October 2022



Time	Event	Facilitator	Notes
0830-0900	Arrival	SGS/Protocol	
0900-1000	Panel #1: Quality of Life	ARFP Director	AROC 0520
1000-1015	Break	USARC CoS	
1015-1115	Panel #2: Former Senior Spouse Discussion	ARFP Director	AROC 0520
1115-1130	Break	USARC CoS	Spouses meet at Family Programs Marketplace
1130-1200	Family Programs Marketplace	Family Programs	CMD Teams, Spouses Visit Together
1200-1300	Lunch	Protocol	Atrium
1300-1400	Panel #3: Health Care	ARFP Director	AROC 0520
1400-1415	Break	USARC CoS	Spouses meet at Family Programs Marketplace
1415-1445	Panel #4: Employment	ARFP Director	AROC 0520
1445-1500	Wrap Up Day 2 AAR Comments	ARFP Director	AROC 0520
1500-1530	Break	USARC CoS	Guest Speaker Prep & Setup, Spouses return to KCR
1530-1655	<b>Guest Speaker: Brief – Make a bigger impact by saying less</b>	Charley Thornton, the [brief] lab	Command Teams + Spouses
1655-1700	Daily Closeout	USARC CG	
1700	Release		

# Spouse Symposium : Sunday, 30 October 2022



Time	Event	Facilitator	Notes
0630-0730	PRT Event	USARC STB	@ Polo Field - G33 Coordinating
0730-0830	Personal Hygiene / Breakfast		
0830-0900	Arrival		
0900-0945	Volunteer Discussion	ARFP Director	AROC 0520
0945-1015	Retirement Packet Processing	BG Babcock	AROC 0520 Processing your retirement packet (and attending RSO brief should be 2 years or so prior to retiring) *PLUS* processing a retirement pay request / packet
1015-1030	Break	USARC CoS	Spouse movement to KCR
1030-1100	"Meet Your Army"	STRATCOM	US Army Reserve STRATCOM Engagement Strategy
1100-1130	Awards Presentation	SGS/Protocol	Recognize unit and individual achievements - Safety, Family, Best Squad
1130-1200	Closing Remarks	Mr. McCarthy	Command Teams + Spouses Attend Together
		USARC CCWO	
		USARC CSM	
		USARC CG	
1200-1215	Badge Turn In	SGS	
1215	Return Travel	XO/ADC	



# Admin Info



# CGF Spouse Symposium Attendees



## Spouses

Nicolle Corner	Bill Henderson
Donna Betty	Ellen Lazaroski
Debbie Baker	Kimberly Hubbard
Jennifer Eckhoff	Daphne Luchsinger
Sue Faulk	Sandra (Sandi) Brenner
Jennifer Schlatter	Harter, Erin
Christie Siekman	Cyndy Roache
Sonia Caceres	Teresa LeBoeuf
Mei Juknelis,	Tracy Cowan
Kim Mooso	Lisa Hodges

## Briefers

Patricia Barron	DASD
Laura Wages	SBA
Howard Hughes	AR Tricare

## Family Program Directors

Dominic Cirincione	88 <sup>th</sup> RD
Lee Mulcahey	99 <sup>th</sup> RD

## Volunteers

Cynthia Dire	Tracy Sharp-Robertson
Linda Carroll	Sherie Peterson

## Market Place Vendors

Ms. Michelle Nelson	Our Military Kids
Ms. Mary Lanier	The Barry Robinson Center
Ms. Tonya Wood	United Through Reading
Ms. Angel Pavey	United Through Reading
Mr. Steve Norton	Military OneSource HQ, USACAPOC, G-1 ED SVC
Ms. Angela Hammond	HQ, USACAPOC, G-1 ED SVC
Ms. Senora Robertson	HQ, USACAPOC, G-1 ED SVC
Ms. Lachen Edwards	HQ, USACAPOC, G-1 ED SVC
Ms. Davina French	TAPS
Ms. Gisselle Curnutt	American Corporate Partners
Ms. Jolene McNutt	Tutor.com
LTC Virginia A. Emery	Chaplains Office Volunteer Chaplains Office
Lisa DuCharme	Office
LTC Julia Hayden	P30

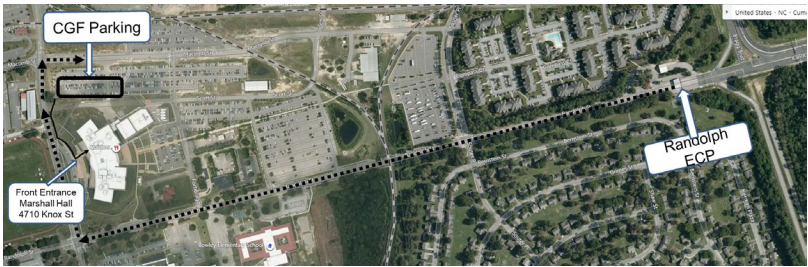
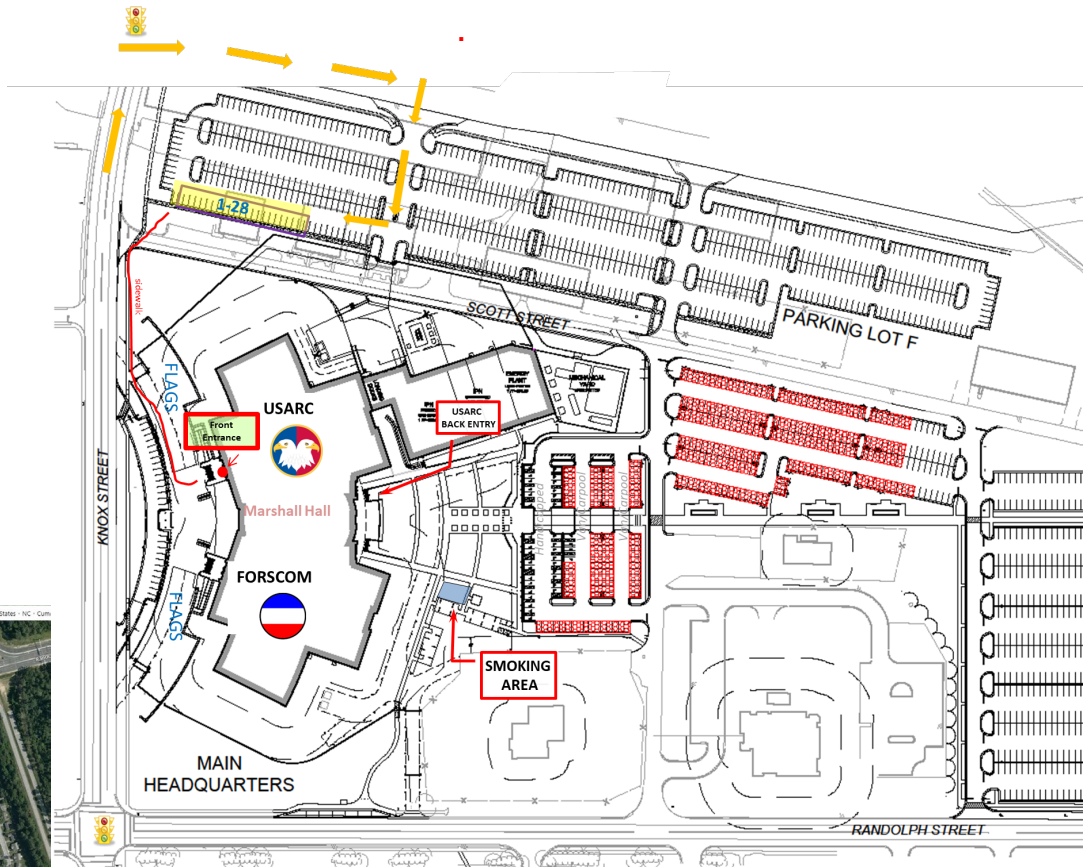




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# Parking

- Attendees will park on the north parking lot and enter through the **FRONT** entrance.
- Registration tables will be set up in the front lobby of Marshall Hall
- **No cell phones or cameras allowed in the Building. There are phone lockers inside both entrances. May bring Govt Cell/computer with hand receipt**
- This parking will be for all Forum attendees.



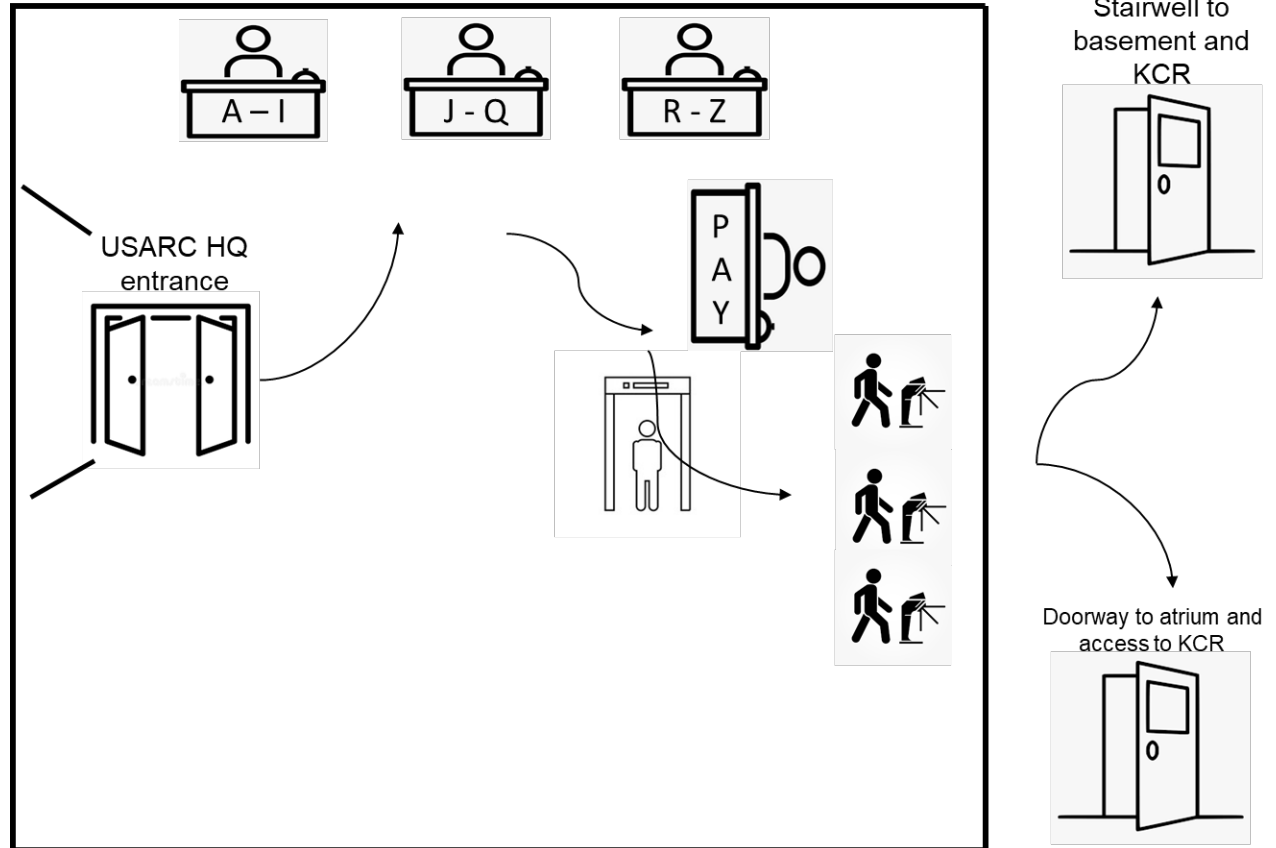
LTC Yarbrough, CIG, 910-570-8342



UNCLASSIFIED

# Marshall Hall Reception

- Personnel will enter the front lobby and precede to their designated check in area.
- Upon checking in and receiving their badges they will move to the payment area.
- Upon completion of payment, they will utilize one of two accesses to move to the KCR conduct of CGF



LTC Yarbrough, CIG, 910-570-8342



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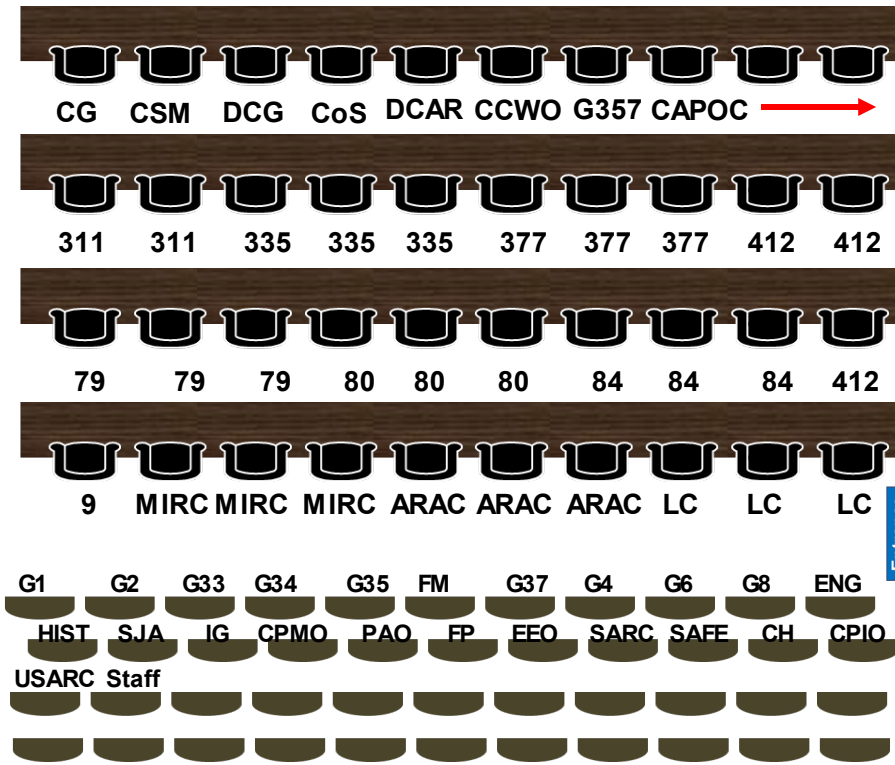
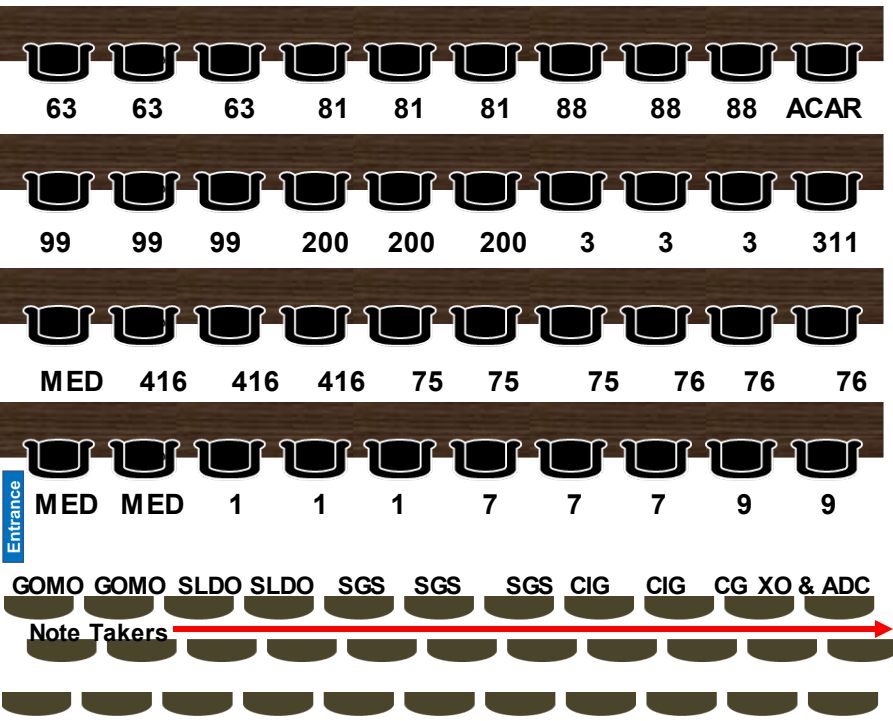
# Kerwin Conference Room

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Screen

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18 October 2022

LTC Yarbrough, CIG, 910-570-8342

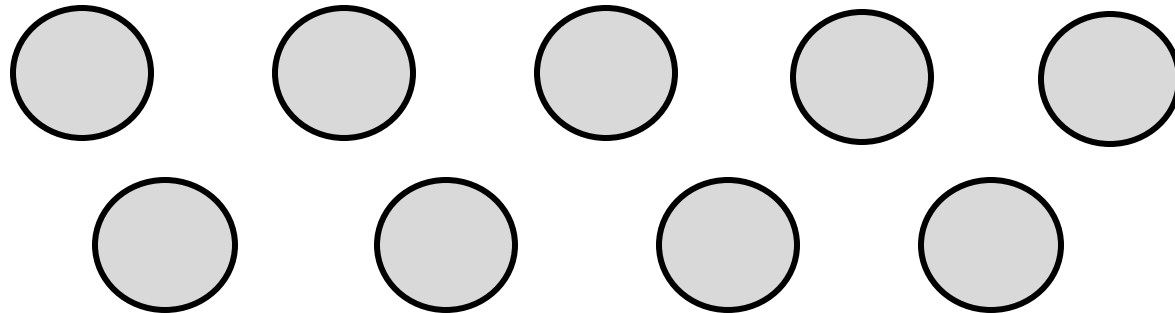


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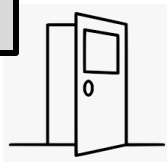
# Atrium Lunch Area

Serving Area

A - I	J - Q	R - Z	Drinks, Napkins, Utensils
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- Personnel will enter the commons area from the USARC entrance and precede to their designated food pick up area.
- Guest will proceed to seating area of their choice for lunch.
- Catered lunch provided by CGF landing fee, due upon arrival.



 Tables



USARC Entrance to Atrium



# Ice Breaker & Spouse Welcome



# Military Community & Family Policy

## **Patricia Montes Barron**

### **Deputy Assistant Secretary of Defense for Military Community and Family Policy**

Mrs. Patricia “Patty” Barron was appointed as Deputy Assistant Secretary of Defense for Military Community and Family Policy in January 2021.

Mrs. Barron is currently responsible for a broad portfolio that includes policy, advocacy, and oversight of all community support to service members and their families, including quality-of-life issues; key legislative and policy issues affecting military families; family, child, and youth programs; the Military OneSource program and non-medical counseling resources; military spouse career advancement; morale, welfare, and recreation; defense resale policy for commissaries and exchanges; and family advocacy programs. Her oversight also includes casualty and mortuary affairs, and military funeral honors.

Prior to joining Military Community and Family Policy, she served as the Director of the Family Readiness Directorate at the Association of the United States Army and supported all AUSA family programs and events by providing management and oversight to all directorate activities. Previously, she served as the Director of Outreach, Military Family Projects, at Zero to Three and also worked as the Director of Youth Initiatives at the National Military Family Association where she oversaw NMFA’s Operation Purple Camp program.

As an Army spouse for 30 years, she has been involved in myriad efforts to support military families. She served on the Department of Defense Military Family Readiness Council, Zero to Three’s “Coming Together Around Military Families” Advisory Committee, the Sesame Workshop “Talk, Listen, Connect; Phase Two” Advisory Panel, the National Child Traumatic Stress Network Advisory Board, the Child Care Aware of America Advisory Board, and the Boys & Girls Clubs of America National Military Leadership Council.

Mrs. Barron earned a Bachelor of Science in Nursing from the University of San Francisco, a Master of Science in Education from Long Island University, an Executive Certificate in Nonprofit Management from Georgetown University, and an Executive Education Certificate from The Harvard Kennedy School of Government. Mrs. Barron is married to retired Army Col. Michael Barron. They have three adult children: Michael, Megan, and Joseph; a son-in-law, Vance; and two granddaughters, Sofia and Violet.





Office of the Deputy Assistant Secretary of Defense  
**Military Community & Family Policy**

# Military Community & Family Policy

*Mrs. Patricia Montes Barron*

*Deputy Assistant Secretary of Defense*

*(Military Community and Family Policy)*





# MCFP Mission

## MCFP Mission:

Contribute to **force readiness** and **quality of life** by providing policies and programs that **advance the well-being** of Service members, their families, survivors, and other eligible members of the military community. We will build the foundation for a **continuum of support** across military and civilian communities that **enable Service members, military families, and survivors to thrive.**

### Policy Oversight

- Family Support Centers/Family Readiness
- Child Development Centers/Child and Youth Programs
- Casualty and Mortuary Affairs/Military Funeral Honors
- Family Advocacy Program
- Exceptional Family Member Program
- Morale, Welfare, and Recreation
- Resale (Commissary and Exchange)
- Defense State Liaison Office
- Deployment and Relocation Support Programs

### Execution

- Military OneSource
- Military and Family Life Counseling
- Spouse Education and Career Opportunities
- OneOp
- Military Family Readiness Council



# DASD Strategic Imperatives

## *The Lens through which we view our important work*

- Bring the voice of military families to MC&FP
- Leverage Diversity, Equity, Inclusion and Access
- Explore the “Art of the Possible”
- Incorporate team building at all levels



# Demographics

## *The Lens through which we view our important work*

THERE ARE MORE THAN

# 1.3M

**ACTIVE DUTY MEMBERS**

serving in the Army, Navy,  
Marine Corps, Air Force  
and Space Force.



THERE ARE MORE THAN

# 1.5M

**ACTIVE DUTY  
FAMILY MEMBERS**

MORE THAN  
**38%**

**ARE  
SPOUSES**



MORE THAN  
**61%**

**ARE  
CHILDREN**



LESS THAN  
**1%**

**ARE ADULT  
DEPENDENTS**



**46.1%**

SINGLE, NO CHILDREN

**3.9%**

SINGLE, WITH CHILDREN

**13.6%**

MARRIED TO CIVILIAN, NO CHILDREN

**29.5%**

MARRIED TO CIVILIAN, WITH CHILDREN

**4.4%**

DUAL-MILITARY MARRIAGE, NO CHILDREN

**4.4%**

DUAL-MILITARY MARRIAGE, WITH CHILDREN



# Department-Wide Focus – “All In”

## Taking Care of Service Members and Families

The well-being and readiness of our service members is a top priority for the Defense Department.



**Secure Basic Needs**



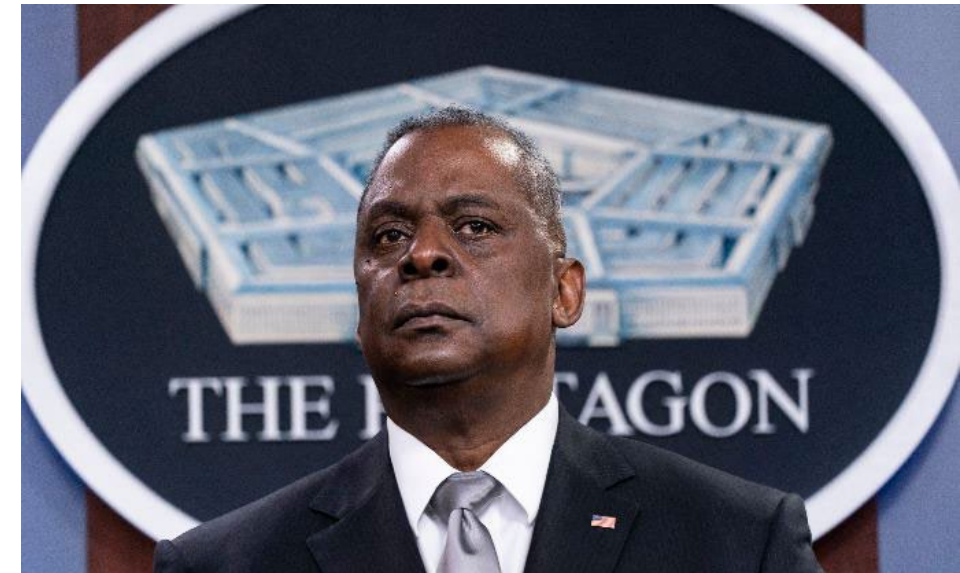
**Make Military Moves Easier**



**Strengthen Support for Military Families**



**Expand Spousal Employment**



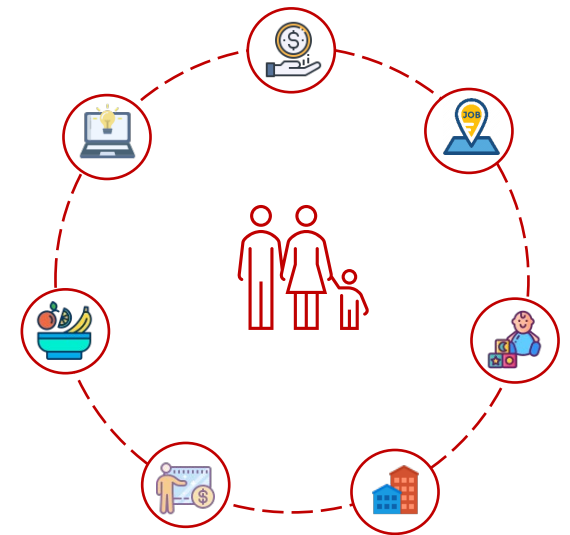
# The Challenge Needs Holistic Solutions

## SECURING BASIC NEEDS

- Accelerated Increase for Basic Allowance for Housing
- Basic Needs Allowance
- Fully Fund Commissaries & achieve at least 25% percent savings

## MAKING MOVES EASIER

- Temporary Lodging Expenses
- Dislocation Allowance
- Military OneSource Improvements and Awareness Campaign



# The Challenge Needs Holistic Solutions

## STRENGTHENING SUPPORT TO FAMILIES

- Investments in Child Development Program Facilities
- Standardize 50% Fee Discount for CDP Direct Care Workers
- Increase Access to Childcare Programs and Resources



## EXPANDING SPOUSAL EMPLOYMENT

- Accelerate Development of Occupational Licensure Compacts
- Increase Use of Direct Hiring and Remote/Telework Options
- Launch New Career Accelerator Pilot Initiative
- Increase Military Spouse Employment Partnership Partners

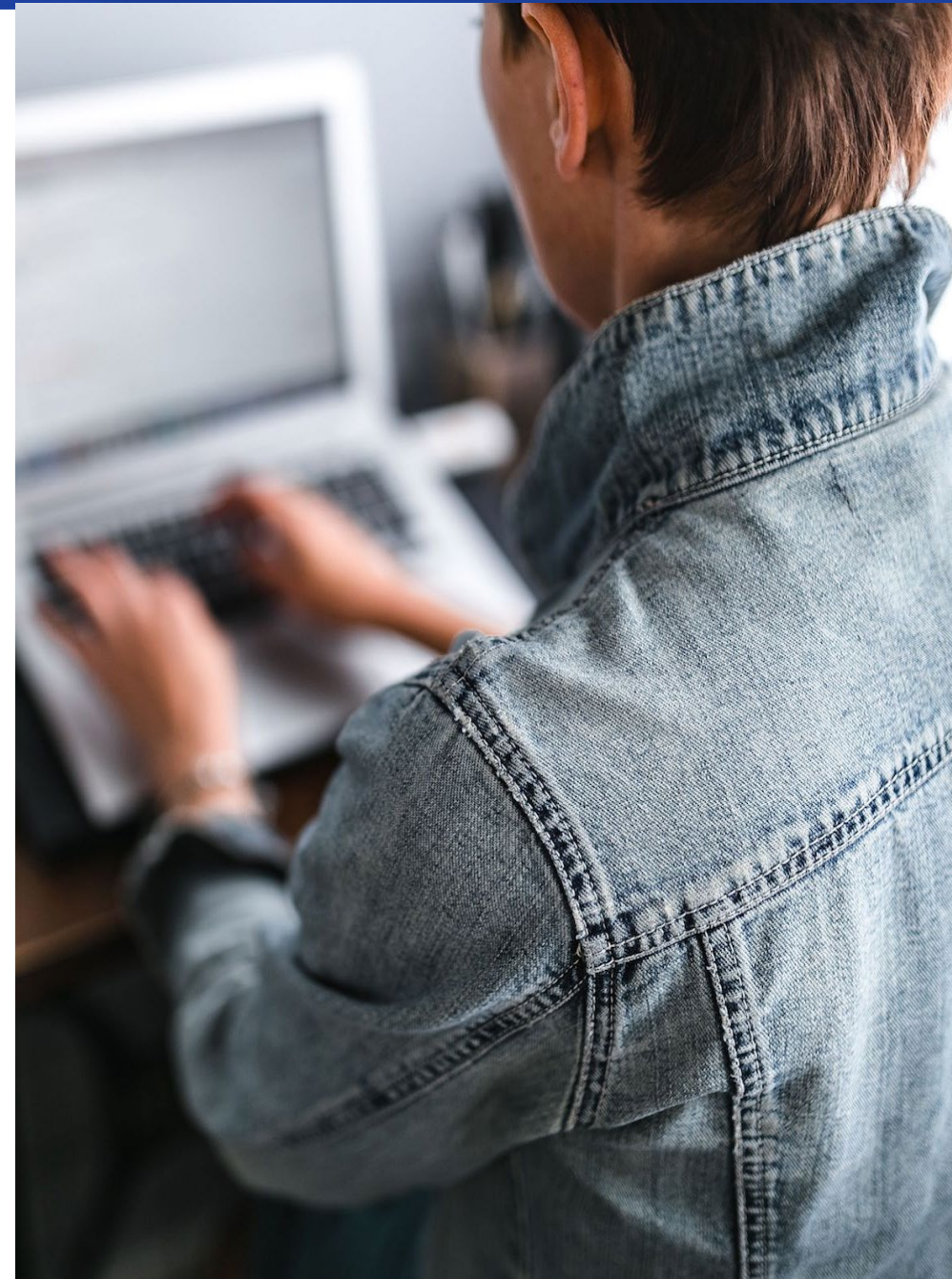


# 24/7 Connection to Resources & Support

**Military OneSource** - [www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil)

- A single source of virtual support, information and resources for service members and military families
- Dedicated to the greater military community — service members, military spouses, families and survivors
- Private, discreet, individualized support
- Free, tailored, confidential
- Trustworthy information and resources — from the Department of Defense

**MILITARY  
ONE SOURCE**



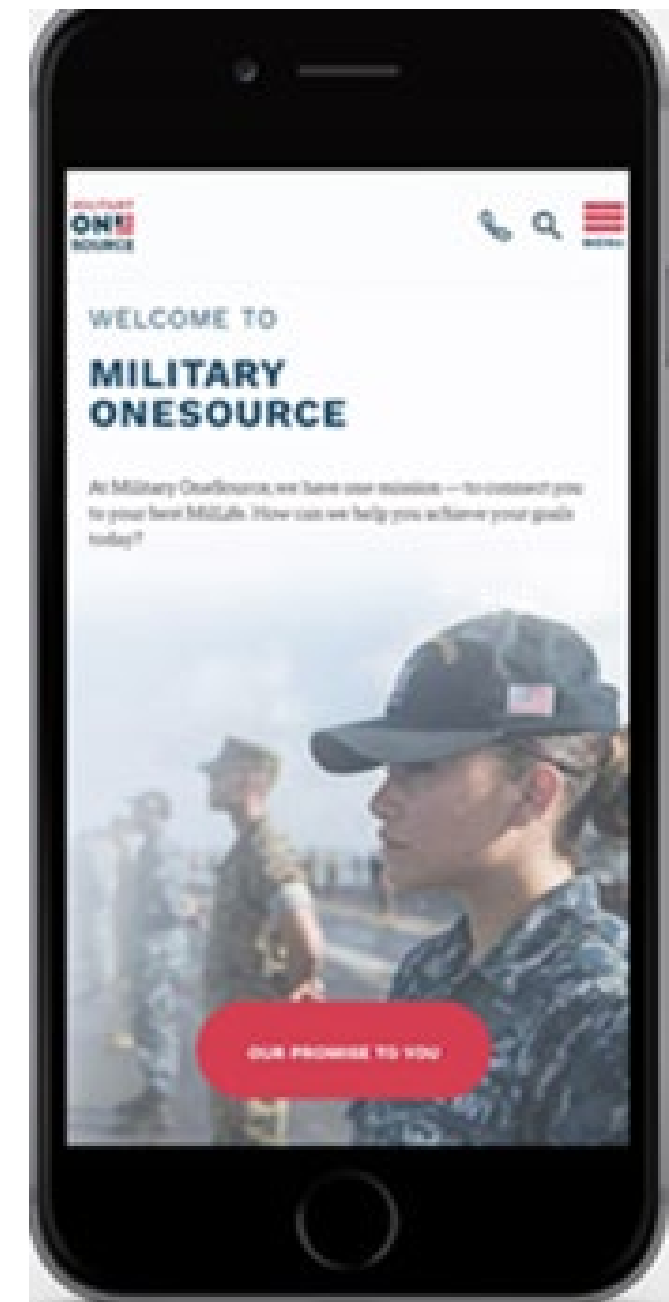
# Comprehensive Range of Support





# Virtual Resources for Military Families

The [My Military OneSource App](#) includes personalized help, resources and expert support with in-depth benefits, tools and relevant articles, MiLife Guides and more. Get connected to live support from the Military OneSource call center with one tap.



**Thank you.**

**Together we can help our  
military community thrive.**





# MSC Presentations

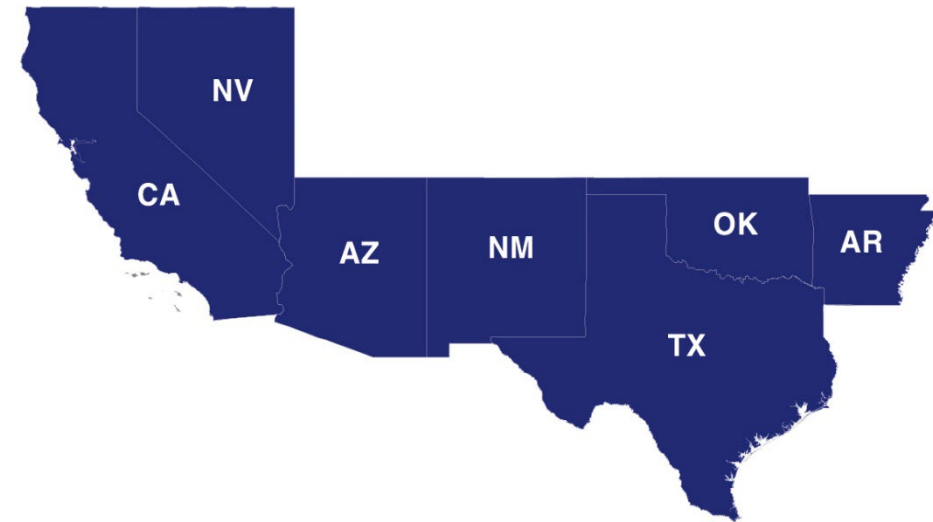


# 63<sup>RD</sup> RD



Regional Director:  
Ms. Sandra Henry

Mission  
Keys to Success  
Volunteers



Name	State	Office	Cell	Email	Title
Quashie, LeeAnne	AZ	832-270-4614		leeanne.k.quashie.civ@army.mil	Director
Ulibarri, Monica	AR	650-526-9630		monica.l.ulibarri.civ@army.mil	Director
Adams, Ron	AR	913-332-1019		ronald.d.adams6.civ@army.mil	Coordinator
Quashie, LeeAnne	CA	832-270-4614		leeanne.k.quashie.civ@army.mil	Director
Sifuentes, Joanna	CA	913-332-1004		joanna.sifuentes.civ@army.mil	Coordinator
Quashie, LeeAnne	NV	832-270-4614		leeanne.k.quashie.civ@army.mil	Director
Ulibarri, Monica	NV	650-526-9630		monica.l.ulibarri.civ@army.mil	Director
Henry, Sandra	NM	719-317-2020		sandra.y.henry.civ@army.mil	Director
Anderson, Kymerli	NM	719-317-2166		kymberli.s.anderson.civ@army.mil	Coordinator
Ulibarri, Monica	OK	650-526-9630		monica.l.ulibarri.civ@army.mil	Director
Adams, Ron	OK	913-332-1019		ronald.d.adams6.civ@army.mil	Coordinator
Henry, Sandra	TX	719-317-2020		sandra.y.henry.civ@army.mil	Director
Quashie, LeeAnne	TX	832-270-4614		leeanne.k.quashie.civ@army.mil	Coordinator
Ramirez, Maritza	TX	719-317-8830		maritza.l.ramirez.civ@army.mil	Director
Anderson, Kymerli	TX	719-317-2166		kymberli.s.anderson.civ@army.mil	Coordinator



# 81<sup>ST</sup> RD



Regional Director:  
Ms. Sherree Jones

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Volunteers



Name	State	Office	Cell	Email	Title
Beals, Amber	AL	404-469-A4319		amber.m.beals3.civ@army.mil	Director
Schuler, Ryan N	AL	404-941-0401		ryan.n.schuler.civ@army.mil	Coordinator
Arnold, Annamaria B.	FL	910-771-0382		annamaria.b.arnold.civ@army.mil	Director
Jackson, Franklin	FL	910-771-0382		franklin.d.jackson4.civ@army.mil	Coordinator
Bolware, Rejoice (Joyce)	GA	678-420-1610 ext 2943		rejoice.bolware.civ@army.mil	Director
Andreotti, Brenda	KY	502-826-5741		brenda.e.andreotti.civ@army.mil	Director
Wallace, Denise	KY	704-342-5128		joan.d.wallace2.civ@army.mil	Coordinator
Scott, Melissa Y	LA	910-771-8268		melissa.y.scott2.civ@army.mil	Director
Bolling-Harris, Ella	LA			ella.m.bolling-harris.civ@army.mil	Coordinator
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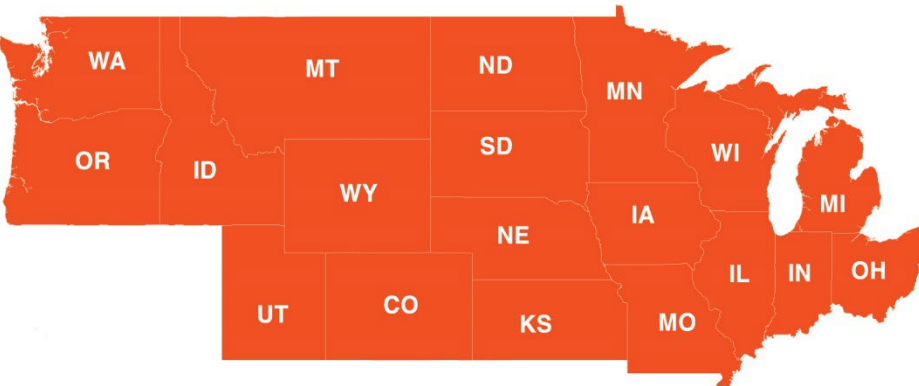


# 88<sup>TH</sup> RD



Regional Director:  
Mr. Dominic Cirincione

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Volunteers



Name	State	Office	Cell	Email	Title
Hurd, Mike	CO	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Hurd, Mike	ID	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Harris, Summer	ID	719-366-7361		summer.harris2.civ@army.mil	Coordinator
Lezza, Victor	IL	719-366-8045		victor.e.lezza.civ@army.mil	Director
Robinson, Rique	IL	719-366-1568		rique.robinson.civ@army.mil	Coordinator
Lezza, Victor	IN	719-366-8045		victor.e.lezza.civ@army.mil	Director
Ranschaert, Peggy	IN	719-366-9259		margaret.a.ranschaert.civ@army.mil	Coordinator
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Lezza, Victor	KS	719-366-8045		victor.e.lezza.civ@army.mil	Director
Robinson, Rique	KS	719-366-1568		rique.robinson.civ@army.mil	Coordinator
Lezza, Victor	MI	719-366-8045		victor.e.lezza.civ@army.mil	Director
Ranschaert, Peggy	MI	719-366-9259		margaret.a.ranschaert.civ@army.mil	Coordinator
Lezza, Victor	MN	719-366-8045		victor.e.lezza.civ@army.mil	Director
Robinson, Rique	MN	719-366-1568		rique.robinson.civ@army.mil	Coordinator
Lezza, Victor	MO	719-366-8045		victor.e.lezza.civ@army.mil	Director
Robinson, Rique	MO	719-366-1568		rique.robinson.civ@army.mil	Coordinator
Hurd, Mike	MT	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Harris, Summer	MT	719-366-7361		summer.harris2.civ@army.mil	Coordinator
Hurd, Mike	NE	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Hurd, Mike	ND	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Lezza, Victor	OH	719-366-8045		victor.e.lezza.civ@army.mil	Director
Ranschaert, Peggy	OH	719-366-9259		margaret.a.ranschaert.civ@army.mil	Coordinator
Hurd, Mike	OR	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Harris, Summer	OR	719-366-7361		summer.harris2.civ@army.mil	Coordinator
Hurd, Mike	SD	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Hurd, Mike	UT	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Harris, Summer	UT	719-366-7361		summer.harris2.civ@army.mil	Coordinator
Hurd, Mike	WA	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Harris, Summer	WA	719-366-7361		summer.harris2.civ@army.mil	Coordinator
Lezza, Victor	WI	719-366-8045		victor.e.lezza.civ@army.mil	Director
Robinson, Rique	WI	719-366-1568		rique.robinson.civ@army.mil	Coordinator
Hurd, Mike	WY	719-524-2172		michael.r.hurd3.civ@army.mil	Director
Harris, Summer	WY	719-366-7361		summer.harris2.civ@army.mil	Coordinator

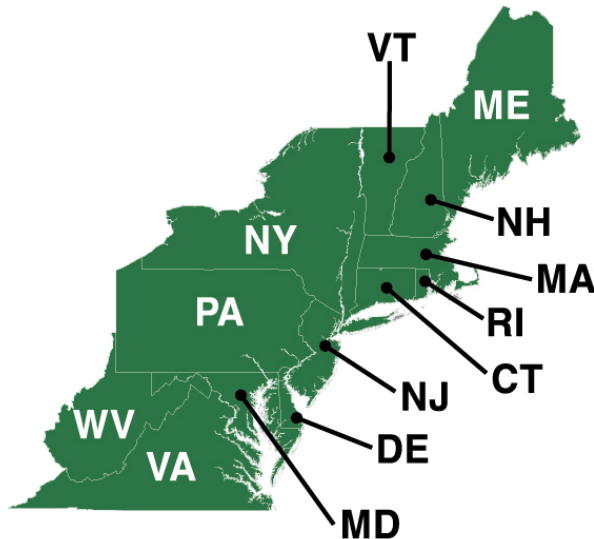


# 99<sup>TH</sup> RD



Regional Director:  
Mr. Kenneth Moore

Mission  
Keys to Success  
Volunteers



Name	State	Office	Cell	Email	Title
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Davis, Cheryl	DE	609-562-7507	609-997-5236	cheryl.e.davis.civ@army.mil	Director
Schrumpf, Bobbie	DE	910-598-7525		bobbie.j.schrumpf.civ@army.mil	Coordinator
Lee, Mulcahey	ME	978-615-6179	609-498-9446	lee.k.mulcahey.civ@army.mil	Director
Spangler, Nancy	ME	703-806-6367		nancy.a.spangler.civ@army.mil	Coordinator
Jackson, Melvin	MD	301-833-6777		melvin.l.jackson18.civ@army.mil	Director
Baptiste-Patterson, Nicole	MD			nicole.baptiste-patterson.civ@army.mil	Coordinator
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Spangler, Nancy	MA	703-806-6367		nancy.a.spangler.civ@army.mil	Coordinator
Mulcahey, Lee	NH	978-615-6179	609-498-9446	lee.k.mulcahey.civ@army.mil	Director
Spangler, Nancy	NH	703-806-6367		nancy.a.spangler.civ@army.mil	Coordinator
Davis, Cheryl	NJ	609-562-7507	609-997-5236	cheryl.e.davis.civ@army.mil	Director
Schrumpf, Bobbie	NJ	910-598-7525		bobbie.j.schrumpf.civ@army.mil	Coordinator
Jackson, Melvin	NY	301-833-6777		melvin.l.jackson18.civ@army.mil	Director
Baptiste-Patterson, Nicole	NY			nicole.baptiste-patterson.civ@army.mil	Coordinator
Davis, Cheryl	PA	609-562-7507	609-997-5236	cheryl.e.davis.civ@army.mil	Director
Schrumpf, Bobbie	PA	910-598-7525		bobbie.j.schrumpf.civ@army.mil	Coordinator
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Mulcahey, Lee	VT	978-615-6179	609-498-9446	lee.k.mulcahey.civ@army.mil	Director
Spangler, Nancy	VT	703-806-6367		nancy.a.spangler.civ@army.mil	Coordinator
Frazier, Glenda	VA	910-598-7711	609-744-1068	glenda.b.frazier2.civ@army.mil	Director
Frazier, Glenda	DC, Washington	910-598-7711	609-744-1068	glenda.b.frazier2.civ@army.mil	Director
Baptiste-Patterson, Nicole	DC, Washington			nicole.baptiste-patterson.civ@army.mil	Coordinator
Frazier, Glenda	WV	910-598-7711	609-744-1068	glenda.b.frazier2.civ@army.mil	Director

# 1<sup>ST</sup> MSC



Interim Regional Director:  
Ms. Elsa Cortes

Mission  
Keys to Success  
Volunteers



1<sup>st</sup> Msn Spt Cmd

PR

Elsa F. Cortes  
Family Programs Director  
MSCOO1, Family Programs  
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1ST MSC Email Box: [usarmy.usarc.1-msn-spt.cmd.mbx.family-programs@mail.mil](mailto:usarmy.usarc.1-msn-spt.cmd.mbx.family-programs@mail.mil)  
Email: [elsa.f.cortes.civ@army.mil](mailto:elsa.f.cortes.civ@army.mil)





# 1<sup>st</sup> MSC Family Programs Overview & Lessons

Ms. Elsa Cortes



# Commanding Generals Forum-Spouse Event



**The 1st MSC Family Programs:** Falls directly under the Command Group as seen in the TDA. It is a Commander's force multiplier for mission readiness. The Family Programs staff serve as the primary coordinating resource, who provide a multitude of unit and community-based services that foster the growth, development, and readiness of Soldiers and Families assigned to the Command. This includes: The Army Reserve Community in Puerto Rico, U.S. Virgin Islands, and the Family members and Soldiers not assigned who reside in our Area of Responsibility. (Example: 2010 Earthquake in Haiti).

**Our Mission:** We provide a Regional Delivery and execution of relevant and comprehensive quality of life programs in support of Department of Defense activities.

The Yellow Ribbon Reintegration Program, falls under the 1st MSC Family Programs. Initiated by the Secretary of Defense in 2009 to provide information, services, referral and proactive outreach programs to Soldiers of the Army Reserve and their Families through all phases of the deployment cycle. Throughout the years these two Programs have complemented one another.

- **Areas to cover:**

1. **Where we have been (some data and trends)**

- Family Programs came about as a result of Desert Shield Desert Storm.
- Family Program Directors were originally Contractors, then became Temporary Over-hires and thru time became GS – full time Federal Civilian Employees.
- The Volunteers were part of the Family Readiness Groups (FRGs) now known as Soldier, Family Readiness Groups.(SFRGs).
- As a result of having them, trainings were then created to assist our Soldiers, Families and Command TEAMS.



# Commanding Generals Forum-Spouse Event



Cont.

## 2. Where we are:

- We partnered with Fort Buchanan Army Community Services (ACS) to optimize our efforts in support of our Soldiers and Family members; for example... Army Emergency Relief (AER) for TPUs regardless of status during FIONA. During Maria; for example... we provided Safe Havens for all AGR Soldiers, Federal Civilian employees of both the 1<sup>st</sup> MSC and Fort Buchanan who had suffered damage to their home.
- Because of the significant spike in housing cost and limited availability of housing we submitted an Army Family Action Plan request to HQDA.
- To cope with the stressors prior, during and post deployment we have added Family Resiliency training to our Family Programs Training.
- To assist 1<sup>st</sup> MSC retain and recruit Soldiers and care for our 1<sup>st</sup> MSC members given the difficult financial hardships in Puerto Rico and U.S Virgin Islands, we have partnered with P3O to plan and conduct several Job Fairs resulting in over 108 Soldiers being removed from an unemployed status to an employed status. (Data provided is from MAY 22 to present).
- In response to family members' concerns regarding TRICARE issues in PR and US Virgin Islands we are working closely with the 1<sup>st</sup> MSC Command Surgeon who is brainstorming potential solutions with TRICARE and the Fort Buchanan Clinic.
- Prior to both Hurricane Fiona as well as Hurricane Maria, 1<sup>st</sup> MSC Family Programs, provides our Soldiers and Families with both State and Federal Government Agencies Emergency Contact information in Puerto Rico to include the 1st MSC Family Programs.
- In the aftermath... through follow-up calls made, assistance is provided to Soldiers and Family members based on their needs; examples... referrals to Military Family Life Counselors, Commissary Gift cards are provided; for example... assistance provided to a Soldier currently deployed and his family who partially lost the roof of their house (during Fiona). Assistance provided contacting state government agencies as well as FEMA, helped the family in preparing and submitting the claims and helped move the family to their parents' home.



# Commanding Generals Forum-Spouse Event



Cont.

- During COVID-19, we called and checked up on our Soldiers and Families, we provided them with up-to-date status information and referrals.
- The Yellow Ribbon Reintegration Program, is provided in both English and Spanish. In addition to complying with DOD training, we also customize with topics based on situations presented during the deployment and are addressed to help mitigate the stressors of mobilization for Soldiers and their families.

### 3. Conclusions:

- On the way ahead, we continue working on decentralizing execution to RDs and having them staffed correctly; ARFP sets standards and processes; providing accurate information across Commands and platforms; eliminating duplication, and reduction of contractors.
- We're a team that is committed to serving those that serve, we believe in what we do, we are sons, daughters, wives, husbands that have lived the military life and understand what our Soldiers and Families go through, because we went through it.



# 7<sup>TH</sup> MSC



Regional Director:  
Mrs. Yazmine Gutierrez

Mission  
Keys to Success  
Volunteers



Yazmine Gutierrez  
Director, Family Programs  
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# 9<sup>TH</sup> MSC



Regional Director:  
Mrs. Tamara Vilchis

Mission  
Keys to Success  
Volunteers



Name	State	Office	Cell	Email	Title
Johnson, Pamela A.	AK	907-384-7826		pamela.a.johnson84.civ@army.mil	Director
Johnson, Pamela A.	HI	907-384-7826		pamela.a.johnson84.civ@army.mil	Director



# Office of Small Business Development

# Laura K. Wages

Director of Policy and Engagement  
Office of Veterans Business Development



Ms. Laura Wages is the Director of Policy and Engagement for the Office of Veterans Business Development (OVBD) at the U.S. Small Business Administration (SBA). In this role, Ms. Wages oversees OVBD Policies and Veteran engagement events and outreach for veterans, service members (active duty, National Guard, Reserve), and military spouses.

Ms. Wages joined the SBA in 2016, serving in a number of positions, most recently as the Programs Director for OVBD. Prior to the SBA, she held numerous leadership positions with the US Army, including Deputy Assistant for Awards and Promotions for the Assistant Secretary of the Army (Manpower and Reserve Affairs and the Deputy G1, 1<sup>st</sup> Cavalry Division, Fort Hood, Texas.

Ms. Wages has first-hand military experience, having served 28 years as an active duty enlisted soldier and officer in the US Army. In 2012, she retired from the military and purchased a franchise in the senior home health care industry. She holds an BA in Literature from the University of Texas at El Paso and an MA from Air University.





U.S. Small Business  
Administration



U.S. Small Business  
Administration

# Office of Veterans Business Development Overview

# LEADERSHIP: OFFICE OF VETERANS BUSINESS DEVELOPMENT (OVBD)



## **Mr. Larry Stubblefield, Associate Administrator**

Mr. Stubblefield oversees the OVBD team in its mission to empower veteran, service member, and military spouse business owners with counseling and education, access to capital, and contracting opportunities.



## **Mr. Tim Green, Deputy Associate Administrator**

Mr. Green oversees OVBD programs, people, and policies working to empower America's veteran small business owners and entrepreneurs.

# SERVING THE NEXT GREAT GENERATION

Veteran-owned businesses are a pillar of the U.S. Economy.

- **Vision:** Create America's next great generation of veteran small business owners
- **Mission:** Empower veterans, transitioning service members, National Guard and Reserve members, and military spouses with the tools to start, grow, expand, or recover their business through:
  - Counseling, training, and education
  - Access to capital
  - Contracting opportunities
  - Disaster assistance

# SBA OVBD MISSION PRIORITIES

- **Counseling & Training**

- Veterans Business Outreach Centers (VBOC)
- Boots to Business (B2B) and Boots to Business Reboot (B2BR)
- Women Veteran Entrepreneurship Training Program (WVETP)
- Service-Disabled Veteran Entrepreneurship Training Program (SDVETP)
- Veteran Federal Procurement Entrepreneurship Training Program (VFPETP)
- SBA District Offices / Veteran Business Development Officers

- **Access to Capital**

- **Access to Contracting and Market Opportunities**

- 3% SDVOSB federal goal achieved yearly since 2012
- 4.28% in FY2020

- **Disaster Assistance**

- Military Reservist Economic Injury Disaster Loan (MREIDL)
- Targeted EIDL Advance and Supplemental Targeted Advance

# PARTNERS AND RESOURCES

- Located throughout the nation, the SBA veteran ecosystem is comprised of grantees, resource partners, interagency organizations, and more.
- Additionally, there are **68 SBA District Offices** across the U.S.



# VETERANS BUSINESS OUTREACH CENTERS



- 22 centers nationwide, full resource partners
- Provides SBA resource navigation and referrals
- Growth focused on high vet population and installation density areas
- Transition assistance core mission
- Integration and referral mindset
- More information can be found at [WWW.SBA.GOV/VBOC](http://WWW.SBA.GOV/VBOC)

# BOOTS TO BUSINESS AND VBOCS

- VBOCs are the lead SBA resource partner in regard to the Boots to Business Program.
- VBOCs work with the SBA District Offices and Transition Service Managers at military installations to ensure that Boots to Business classes are conducted in accordance with the guidelines of the Transition Assistance Program's (TAP) Entrepreneurship Track.

**More than 156,000 service members and military spouses have taken a B2B or Reboot course.**



## BOOTS TO BUSINESS



The entrepreneurial training program offered by SBA on military installations around the world as a training track of the Department of Defense's Transition Assistance Program (TAP).

- [SBAVETS.FORCE.COM](https://www.sba.gov/transition-assistance-program)

## BOOTS TO BUSINESS REBOOT



Extends the entrepreneurship training offered in TAP to veterans of all eras, members of the Reserve and National Guard, and military spouses in their communities.

- [SBAVETS.FORCE.COM](https://www.sba.gov/transition-assistance-program)

# BOOTS TO BUSINESS FOLLOW-ON OPTIONS



**MISSISSIPPI STATE**  
UNIVERSITY

## Revenue Readiness

- Six-week virtual training program designed to help participants take a business idea from concept to actionable plan in a short timeframe.



## SBA Learning Platform Courses

- On-demand courses designed for individuals to explore and build their entrepreneurial skills to ensure their success through every phase of the business lifecycle.

*“The SBA is your small business ally.”*

Connect with SBA resource partners for additional follow-on information.

# WOMEN VETERAN ENTREPRENEURSHIP TRAINING PROGRAM

(WVETP)



ONABEN

- Entrepreneurial training for women veterans as they start or grow a business.
- WVETP consists of three grantees:
  - **Veteran Women Igniting the Spirit of Entrepreneurship (V-WISE)** – Institute for Veterans and Military Families at Syracuse University
  - **Lift Fund** – San Antonio Lift Fund
  - **ONABEN** – 501 (c)(3) organization

**Total WVETP participants served (FY16-FY21): 2,989**

# SERVICE-DISABLED VETERAN ENTREPRENEURSHIP TRAINING PROGRAM

(SDVETP)



Veterans Entrepreneurship Program



- Entrepreneurial training for SDVs as they start or grow a business
- SDVETP consists of four institution grantees:
  - **Warrior Rising** – , South Jordan, UT
  - **Veterans Entrepreneurship Program** – Riata Center for Entrepreneurship, Spears School of Business at Oklahoma State University, Stillwater, OK
  - **Entrepreneurship Bootcamp for Veterans**– St. Joseph’s University, Philadelphia, PA
  - **Veteran Entrepreneurial Training and Resource Network** – Norton, MA

## VETERAN FEDERAL PROCUREMENT ENTREPRENEURSHIP TRAINING PROGRAM

(VFPETP)



### Veterans Institute for Procurement (VIP)

- Three-day intensive programs held in MD
- Hands-on, market-based instruction that help veteran-owned small businesses (VOSBs) establish best practices for federal procurement
  - **VIP START** – designed for VOSBs who seek to either enter or expand current business in the federal marketplace
  - **VIP GROW** – enables VOSBs to increase their ability to win government contracts
  - **VIP INTERNATIONAL** – designed for VOSBs who seek to either enter or expand their federal contracting and commercial opportunities overseas
- In 2022, VIP celebrated its 2000<sup>th</sup> graduate!

**WWW.NATIONALVIP.ORG**

**Total VFPETP participants served (FY16-FY21): 1,411**

# ACCESS TO CAPITAL

- **Changes as Part of the CARES Act:**

- As of Oct. 1, 2021, SBA Express Loan maximum was increased to a maximum of \$500,000.
- For all SBA Express Loans to veteran-owned small businesses the upfront guaranty fee has been permanently reduced to zero (as of Oct. 1, 2021).

- **SBA Veteran Qualifications:**

- Businesses must be 51% or more owned and controlled by an individual(s) in one or more of the following groups:
  - Veterans (excluding those with dishonorable or bad conduct discharge)
  - Service-disabled veterans
  - Active duty military service member in TAP
  - Reservists or National Guard members
  - Military spouses

- **Disaster Assistance: MREIDL**

- Military Reservist Economic Injury Disaster Loan
  - Available for eligible VOSBs and SDVOSBs

# CONTRACTING

- US Government SDVOSB contract spend has exceeded 3% every year since FY2012 - FY20 data shows 4.28% SDVOSB spend
- Veteran Federal Procurement Entrepreneurship Training Program (VFPETP)
- Many SDVOSB and VOSB are well prepared for state and local procurement opportunities
- Commercial Supply Chain
- Veteran-Owned Surplus Property Program
  - [www.sba.gov/vetsurplus](http://www.sba.gov/vetsurplus)

# Other Stakeholder Collaboration

- **Veterans Affairs (VA)**
  - Presidential Salary Donation
    - Official MOU between the SBA and VA to execute a pilot program for veteran entrepreneurs, in partnership with the Veteran Entrepreneurial Training and Resource Network (VETRN)
  - Vocational Rehabilitation and Employment (VR&E)
    - Opportunities for reciprocal program referrals
    - Official Memorandum of Agreement in place
  - Office of Small & Disadvantaged Business Utilization (OSDBU)
    - Complementary outreach and engagement
- **Department of Defense**
  - Transition Assistance Program (TAP) Executive Council
    - TAP MOU outlines collaboration among DoD, DOL VA, ED, USCG, OPM & SBA
  - Military Spouse Employment Partnership (MSEP) Ambassador
    - MSEP connects military spouses with hundreds of partner employers who have committed to recruit, hire, promote and retain military spouses
- **Department of Labor**
  - Advisory Committee on Veterans Employment, Training and Employer Outreach (ACVETEO) member
- **American Legion**
  - SBA and The American Legion work closely and have a Strategic Alliance Memorandum
- **National Veteran Small Business Coalition (NVSBC)**
  - The National Veteran Small Business Coalition (NVSBC) is the largest non-profit trade association in the country representing veteran- and service-disabled, veteran-owned small business (VOSB and SDVOSB) in the Federal marketplace
  - SBA and NVSBC have a Strategic Alliance Memorandum



# National Veterans Small Business Week

- Celebrated every year – first week of November
- Purpose is to raise awareness of veteran-owned businesses, including the challenges and achievements of the veteran and military spouse population

## **NVSBW 2022: October 31- November 4, 2021**

- **Theme:** Marching Toward #VetBiz Success



# Contact Information

(202) 205-6773

[WWW.SBA.GOV/OVBD](http://WWW.SBA.GOV/OVBD)

[WWW.SBA.GOV/VETERANS](http://WWW.SBA.GOV/VETERANS)

**AND FOLLOW US ON SOCIAL:**

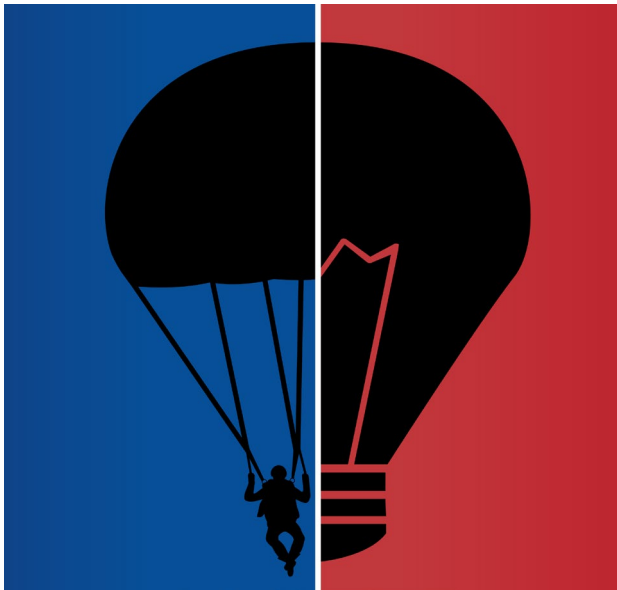
[WWW.FACEBOOK.COM/BOOTS2BUSINESS](http://WWW.FACEBOOK.COM/BOOTS2BUSINESS)

[WWW.TWITTER.COM/BOOTS2BUSINESS](http://WWW.TWITTER.COM/BOOTS2BUSINESS)



# Backup Slides

# POLICY FORMULATION



## Advisory Committee on Veteran Business Affairs

- Membership: SDVOSBs, VOSBs, Veteran Service Organizations (VSO)

## Interagency Task Force on Veterans Small Business Development

- Membership: SBA, VA, DoL, Dept. of Treasury, OMB, GSA, DoD, and four VSOs

**Public meetings held March, June, September, December at SBA HQ, Washington, DC or virtually.**

Learn more at [www.sba.gov/ovbd](http://www.sba.gov/ovbd) under the “Federal Advisory Committees” section of the Resources page.

# AUTHORIZING STATUTES

- **Public Law 106-50**

- Formulate, execute, and promote policies and programs
- Ombudsman
- Train and counsel
- Advise veterans through programs
- Established SDVOSB 3% prime and subcontracting goal across federal agencies

- **Public Law 110-186**

- Participate in TAP via VBOCs and written materials
- Women veteran business training  
HOW: WBC and VBOC
- SBDC grant for specific activities
- Economic Injury loan via MREIDL

- **Public Law 106-50 and 110-186**

- ACVBA conduct
- IATF conduct

- **Public Law 105-135**

- Define eligibility for programs
- Define eligible grantees
- Implied task: conduct programs through grants and contracts and cooperative agreements

- **Public Law 106-545**

- Establishes subcontracting goal

- **Veteran Entrepreneur Act of 2015 establishes Fee Waiver**

# BOOTS TO BUSINESS MODULES

- **Module 1**

- *Introduction to Business Ownership*

- **Module 2**

- *The Basics of Opportunity Recognition*

- **Module 3**

- *Market Research*

- **Module 4**

- *The Economics of Small Business Startup*

- **Module 5**

- *Legal Considerations for Veteran-Owned Small Businesses*

- **Module 6**

- *Financing The Venture*

- **Module 7**

- *Introduction to Business Planning*

- **Module 8**

- *Moving Forward: Resources to Support You*



# Army Reserve Tricare



Mr. Howard Hughes is the Reserve Component Beneficiary Counseling and Assistance Coordinator/Debt Collection Assistance Officer (BCAC/DCAO) for the Defense Health Agency (DHA) J-10 East (San Antonio) office. In this role, Mr. Hughes is responsible for providing customer service and support to the Guard/Reserve community for the East and West Region. He is also responsible for coordinating with the Managed Care Support Contractor (MCSC) to present educational, periodic, and ad-hoc briefings to Reserve Component (RC) service members and families both before and after deployment. In addition, Mr. Hughes consults with DHA, Military Services, MCSC and other agencies on an as needed basis to clarify information on

TRICARE options and/or provide enrollment, program counseling, debt collection, referral and authorizations, claims processing, and other needed assistance.

Before joining Defense Health Agency J-10 East, Mr. Hughes served as a Transition Patient Advocate for the Audie Murphy VA Hospital, where he served as a liaison between the medical centers, the patients, employees of the medical centers, and the community regarding patients' rights and advocacy. In addition, he assisted Operation Iraqi Freedom/Operation Enduring Freedom/Operation New Dawn veterans with transitioning from the Military Health Care System to the Veterans Health Care System.

Previously, Mr. Hughes served as the Supplemental Health Care Program (SHCP) Coordinator for the San Antonio Military Medical Center (SAMMC). In this role, Mr. Hughes maintained and monitored the SHCP, while providing procedural information on health care benefits to all Department of Defense Active Duty Service Members.

Mr. Hughes served in the United States Army from November 1991 to August 1997 as a Medical Laboratory Specialist at the Robertson Blood Center in Fort Hood Texas. He received several awards to include the Army Commendation Medal (Bronze Oak Leaf Cluster), Army Good Conduct Medal, and the Expert Field Medical Badge.

Mr. Hughes holds a Master in Business Administration (MBA) in Management from the University of Wayland Baptist and is currently pursuing a Doctor of Philosophy in Applied Demography.



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# **Army Reserve Command Senior Spouse Symposium**

Howard Hughes, MBA

28 October 2022

# Agenda

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- TRICARE Benefits
- TRICARE Benefits/Policy Updates
- Reserves/National Guard Eligibility Errors
- Questions

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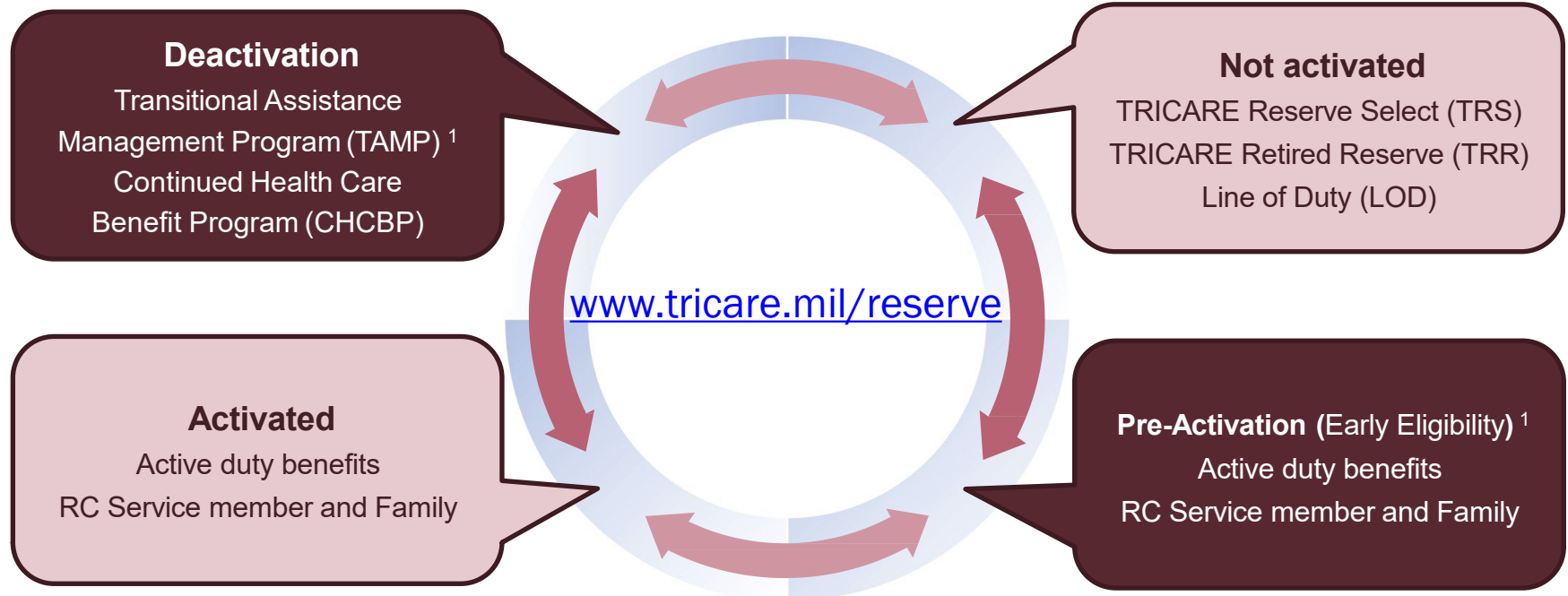
*Medically Ready Force... Ready Medical Force*





# TRICARE BENEFITS

# Reserve Component (RC) Coverage Life Cycle



<sup>1</sup> Activation for a federal preplanned mission (§12304b) or in support of a contingency operation (§101(a)(13)(B))

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# TRICARE Healthcare Plans

- **TRICARE Prime or Select**– member/family coverage available for Active Duty Service Members (ADSM), Active Duty Family Members (ADFM). Enrollment fees or monthly premiums for Retired Guard/Reserve members at age 60 and their eligible family members.
- **TRS** – premium-based member/family Select coverage available for purchase by qualified Selected Reserve members and qualified survivors.  
2022 – \$46.70/month members only      \$229.99/month members & family
- **TRR** – premium-based member/family Select coverage available for purchase by qualified Retired Reserve members and qualified survivors.  
2022 – \$502.32/month member only      \$1,206.59/month member & family

**Note:** beneficiaries can visit [www.tricare.mil/reserve](http://www.tricare.mil/reserve) to access specific TRICARE benefits information

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# TRICARE Healthcare Plans

- **TRICARE Prime Remote** – member/family coverage available for ADSM's and ADFM's. Enrollment is required and is only provide to ADSM's who live and work in a remote locations (more than 50 miles or a one-hour drive from a military treated facility) and family members residing with them.
- **TRICARE Young Adult**– premium-based Prime/Select coverage available for purchase by qualified, unmarried dependents who have not yet reached age 26.  
2022 – \$512/month (Prime)    \$265/month (Select)
- **TRICARE For Life (TFL)** – Medicare-wraparound coverage for beneficiaries who are entitled to premium-free Medicare Part A and have Medicare Part B (theses beneficiaries should generally follow Medicare guidelines for accessing care). When retired service members and their families become eligible for Medicare based on age, they are no longer eligible to enroll in TRICARE Prime or Select.

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# TRICARE Dental Care

- **Activated Dental Care**
  - Dental care from a military dental clinic or civilian dentist
    - ✓ ADASM civilian dental care through Active Duty Dental Plan (ADDP) and ADFM civilian dental care through TRICARE Dental Program (TDP) (discounted premiums)
  - Overseas dental care is provided by International SOS
- **Deactivated Dental Care**
  - ADDP coverage for ADASM during TAMP and TDP coverage for eligible family members
- **Non-Active Duty Dental Care**
  - Enroll in a TDP
    - ✓ If enrolled prior to activation, coverage automatically resumes
    - ✓ Family enrollment continues during activation with discounted premiums but returns to full-premium costs after deactivation

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# TRICARE Pharmacy Program

Pharmacy Option	Formulary Drugs		Non-Formulary Drugs
	Generic	Brand Names	
Military Pharmacy <i>(up to a 90-day supply)</i>	Still \$0 copay for all formulary drugs at military pharmacies		Generally not available without medical necessity
TRICARE Pharmacy Home Delivery <i>(up to a 90-day supply)</i>	\$12	\$34	\$68
TRICARE Retail Network Pharmacy <i>(up to a 30-day supply)</i>	\$14	\$38	\$68*

\* Some non-formulary drugs are only covered through Home Delivery. Check with Express Scripts before filling prescriptions for non-formulary drugs at a retail network pharmacy.

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# TRICARE Pharmacy Program Cont.

Pharmacy Option	Formulary Drugs		Non-Formulary Drugs
	Generic	Brand Names	
Non-Network Pharmacy ( <i>up to a 30-day supply</i> )	TRICARE Prime options: 50% cost-share applies after point-of-service (POS) deductible is met		Tricare Prime Options: 50% cost-share applies after POS deductible is met
	All Other beneficiaries: \$24 or 20% of total cost, whichever is greater, after annual deductible is met		All other beneficiaries: \$50 or 20% of total cost, whichever is greater, after annual deductible is met.

\*Point-of-Service Deductible is \$300 for Individual and \$600 for family

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# Catastrophic Cap

<b>Jan 1, 2022 - Dec. 1, 2022</b>		
<b>Sponsor or Beneficiary Type</b>	<b>Group A</b>	<b>Group B</b>
<b>ADFM's</b>	<b>\$1,000 per family</b>	<b>\$1,120 per family</b>
<b>Retirees, their families, and all others</b>	<b>\$3,000 per family (TRICARE Prime) \$3,706 per family (TRICARE Select)</b>	<b>\$3,921 per family</b>
<b>TRS members</b>	<b>(Follow Group B)</b>	<b>\$1,120 per family</b>
<b>TRR members</b>	<b>(Follow Group B)</b>	<b>\$3,921 per family</b>
<b>TRICARE For Life individuals and families (two or more beneficiaries)</b>	<b>\$1,000 for ADFMs \$3,00 for all others</b>	

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# TRICARE and Other Health Insurance (OHI)

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- TRICARE serves as the last payer to all other health benefits and insurance plans, except for Medicaid, TRICARE supplements, the Indian Health Service, and certain other federal and state programs.
- If you have OHI:
  - Fill out your regional contractor's *TRICARE other Health*
  - Follow the referral and authorization rules for your OHI.
  - Tell your provider about your OHI and TRICARE.
  - Show your provider your insurance card.

**Note:** beneficiaries can visit [www.tricare.mil/reserve](http://www.tricare.mil/reserve) to access specific TRICARE benefits information

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# TRICARE Benefits/Policy Updates

# National Defense Authorization Act (NDAA) FY2020

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- Current legislation excludes TRS eligibility to those RC members eligible for, or enrolled in Federal Employee Health Benefits (FEHB) plan.
- Section 701 amended §1076d by striking “Paragraph (1) does not apply” and inserting “During the period preceding January 1, 2030, paragraph (1) does not apply”.
- Effective January 1, 2030, military technicians and civil service employees that are in the RC will be able to purchase TRS coverage regardless of FEHB eligibility/enrollment.

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# TRS Reinstatement Extension

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- Have five months, instead of three months from last paid-through date, to request reinstatement (policy changed/extended due to COVID-19 pandemic).
- If reinstatement is granted, the RC member/survivor will be required to pay all past due premiums plus current premiums and fees, and reestablish a monthly automated payment option.
- DHA/TRICARE Health Plan leadership continues to monitor for when to revert back to three months.

UNCLASSIFIED//CUI



*Medically Ready Force... Ready Medical Force*



# TRICARE and the Affordable Care Act

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- TRICARE plans still meet the minimum essential requirements
- IRS Form 1095-B is no longer required to file tax return
- Even though IRS Form 1095-B is not required to file taxes, one may contact DFAS to obtain a IRS Form 1095-B for their personal records.

UNCLASSIFIED//CUI



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# TRICARE Retail Network Pharmacies

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- CVS Pharmacy has join the TRICARE Network
- Walmart and Sam's Club Pharmacies are no longer considered TRICARE network pharmacies
- If beneficiary needs to find a network Pharmacy, they can go to the Express Script Website or call 1-877-363-1303

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# Childbirth and Breastfeeding Support Demonstration

- Starting Jan 1, 2022, qualifying TRICARE Prime or TRICARE Select enrollees can enroll in the TRICARE Childbirth and Breastfeeding Support Demonstration (CBSD).
- The CBSD covers:
  - Certified non-medical labor doulas
  - Lactation consultants
  - Lactation counselors
- TRICARE For Life, US Family Health Plan, or the Continued Health Care Benefits Program are not eligible for the CBSD.
- Program will run from Jan. 1, 2022 to Dec. 31, 2026 and will expanded to overseas on Jan. 1, 2025.

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*Medically Ready Force... Ready Medical Force*





# Reserve/National Guard Eligibility Errors

# Service Administrative Errors

## Giving a gray area retiree a full retirement record in DEERS

- Grants eligibility for TRICARE prior to the age 60
- Member purchases TRICARE retiree coverage instead of TRR

## Delayed update of DEERS record

- Members continue to show eligibility for TRS
- Members continue to pay the MCSC for TRS Premium

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# IMPACT

- **Erroneous eligibility** in DEERS allows enrollment into TRICARE
- **Medical Claims** - Members use TRICARE for months, years, even decades before error is discovered and corrected by the Service and/or DMDC.
- **Retroactive corrections to DEERS** causes retroactive cancellation of TRICARE medical/dental and prescription benefits
  - TRICARE claims payments recouped from providers
  - Member incurs personal responsibility for all costs of health services and filled prescriptions
    - ✓ **Financial hardship** - Results in thousands of dollars of debt for the member and their families
    - ✓ **Negatively impacts livelihood** of retired and prior members seeking employment and other health insurance

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# Questions?

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*Medically Ready Force... Ready Medical Force*



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**Howard Hughes, MBA  
Reserve Component BCAC/DCAO  
DHA J-10 East (San Antonio)  
Phone: 210-536-6044  
Fax: 210-536-6188  
Email: [howard.a.hughes.civ@mail.mil](mailto:howard.a.hughes.civ@mail.mil)**

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# USARC Behavioral Health Presentation



# Psychological Health Program (PHP)



The USAR Behavioral Health (BH) resource

<https://www.usar.army.mil/PHP/>

USARC HQ Mailbox for the Psychological Health Program:

[usarmy.usarc.usarc-hq.mbx.psychological-health-program@army.mil](mailto:usarmy.usarc.usarc-hq.mbx.psychological-health-program@army.mil)





# Why do we need PHP ?





# *Victory In Health!*



## **Mission:**

To achieve and sustain the most resilient and mentally fit Reserve force in the Nation.

## **Vision:**

To provide trained, ready, and proficient psychological health professionals who are passionate about delivering world-class behavior health services to USAR Soldiers across the nation.

## **Who We Are:**

The PHP is an [Army Reserve specific program](#). We understand the stressors of Army Reserve Soldier responsibilities of balancing a civilian job, school, family, work, and being a Soldier.

The Psychological Health Program is run by USARC's Surgeon Directorate, with professionals in each Readiness Division who are ready to assist all levels of the USAR.



# What We Do



## ✓ Soldier Assistance

- Assess Soldier needs
- Connect to suited resources/supports
- Assist with BH profile questions



## ✓ Command Consultation

- Serve as SMEs who can advise on behavioral health (BH) profiles, regulations, evaluations, processes, etc.
- Discuss options and resources to assist Soldier with BH needs.

## ✓ Case Management

- Assist Soldiers in complicated/severe situations
- Serve as a bridge between Soldier, Command, and other programs

## ✓ Unit Support & Education

- Train units on mental health issues and resources
- Support units after a Soldier death, in collaboration with Command and Chaplains



# Referral Sources:



The PHP receives most referrals via:

- MHA portion of the PHA
- PDHRAs (post deployment health reassessment)
- CCIRs (Commander's Critical Information Requirement)
- AR-MMC (Medical Management Center)
- SPPMs (suicide prevention program)
- ASAP (substance abuse)
- Military OneSource
- Commanders
- Soldier self-referrals



# Resources for financial, employment, & other needs

To achieve and sustain the most resilient and mentally fit Reserve force

## How do I know if I need help?

- Changes in sleep
- Changes in mood (intense anger or sadness that won't go away, mood swings, anxiety that is difficult to manage)
- Trouble controlling use of alcohol or drugs
- Increased isolation
- Thoughts of harm to self or others

## Victory in Health!

contact us via our general program email:

[usarmy.usarc.usarc-hq.mbx.psychological-health-program@army.mil](mailto:usarmy.usarc.usarc-hq.mbx.psychological-health-program@army.mil)

or visit our website for phone numbers

[www.usar.army.mil/PHP](http://www.usar.army.mil/PHP)



**Army Reserve Family Programs 844-663-3269**

connects Soldiers & Family to resources within their community

[www.usar.army.mil/ARFP/](http://www.usar.army.mil/ARFP/)



**Family Assistance Centers (FACs)**

provide Reserve & Guard Soldiers w/emergency financial services & referrals go to [MilitaryOneSource.mil](http://MilitaryOneSource.mil) and search for "National Guard Family Programs"



**National Resource Directory [NRD.gov](http://NRD.gov)**

comprehensive directory of services for Soldiers, Veterans, & Families



**inTransition 866-424-7877**

24/7 bridge for potential gaps during a SM transition to a new geographic location or health care system. [health.mil/intransition](http://health.mil/intransition)



**Private Public Partnership Office of the USAR**

employment & training opportunities for Soldiers  
[usar.army.mil/P3/](http://usar.army.mil/P3/)



**Tragedy Assistance Program for Survivors**

[TAPS.org](http://TAPS.org) or 800-959-8277 (TAPS)

24/7 helpline & programs for those grieving the loss of a Soldier



**[MakeTheConnection.net](http://MakeTheConnection.net)**

allows Soldiers and Family to easily search for resources in the VA system, SAMHSA, & NRD all on one url

## Finding Local Community Resources



Call 2-1-1 to find local resources for crisis, food, housing, utilities, employment and healthcare, or visit [2-1-1.org](http://2-1-1.org)



Helps locate social services and support groups in your community. Simply enter your zip code at: [findhelp.org](http://findhelp.org)



Social Services near home. Simply click on the needed service and scroll down.  
[ReliefBenefits.com](http://ReliefBenefits.com)



# USARC Psychological Health Program

(USARC PHP) Professionals who are passionate about delivering world-class services across all phases of action



## USARC PHP SERVICES:

### Soldier Outreach and Assistance

- Assess Soldier needs.
- Connect to suited resources/supports.
- Assist with BH profile questions/concerns.

### Soldier Case Management

- Assist Soldiers in complex and/or severe situations.
- Serve as a bridge between Soldier, Command, and other programs.
- Connect to appropriate resources & support.

### Command Consultation

- Serve as SMEs who can advise CoC on behavioral health (BH) regulations, profiles, evaluation processes, and more.
- Discuss options and resources to assist Soldiers with BH needs.

### Unit Support & Education

- Provide training to CMD and units on mental health issues and resources.
- Collaborate with Command and Chaplains to provide unit support after the death of a Soldier.

[www.usar.army.mil/PHP](http://www.usar.army.mil/PHP)  
for more resources & staff contact info.

## Hotlines, Counseling, & other Psychological Health Help

TriCare (& other insurances) also provide coverage for counseling & psychiatric care [Tricare.mil/mentalhealth](http://Tricare.mil/mentalhealth)



**800-273-8255 (TALK)**

or **Text to 838255** for crisis support,

[VA.gov](http://VA.gov) to find VA hospitals, homeless services, & more.



**VetCenter.va.gov** Call Center **877-927-8387**

24/7 referral to nearest Vet Center for: Free counseling, groups, referrals to military benefits, VSOs, employment, financial, homeless, & more.



**800-342-9647**

free counseling (not for those with suicidal thoughts or need meds)

[militaryonesource.mil](http://militaryonesource.mil) also has 100s of resources, including free financial counseling, free tax filing & info on almost any military topic.



**GiveAnHour.org/military** click on "Get Help"

Non-military, licensed therapists volunteer to provide FREE, counseling to Service Members and Family for up to a year.



**Substance Abuse & Mental Health Services Admin. 800-662-4357**

a branch of the US Dept of Health & Human Services that

helps connect individuals to free or low cost treatment [www.samhsa.gov](http://www.samhsa.gov)



**vets4warriors.com** or **855-838-8255 (TALK)**

24/7 telephonic, confidential peer-to-peer support by Veterans to help you find solutions.



**RealWarriors.net**

links Service Members, Veterans and Families with care and provides free, confidential resources.



**Chaplains Program**



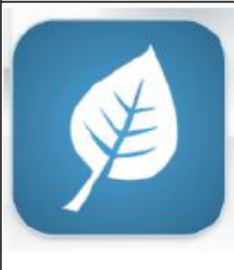

offers individual and unit support for strengthening relationships

[usar.army.mil/Chaplain/](http://usar.army.mil/Chaplain/) or <https://xtranet/usarc/Chaplain/SitePages/GFCCMDCH.aspx>



# Phone Apps Developed for the Military Community



	<p><b>Chill Drills - Sleep Problems? Stress? Back Pain?</b>  a series of <b>10-MINUTE</b> guided-relaxation audio recordings which are proven to help reduce symptoms of stress, PTSD, insomnia, back pain, and more. Listen to the Intro &amp; Overview first, then practice (drill with) at least one day to develop the "muscle memory" of being relaxed (chill).</p>	Office of the Secretary of Defense (Military OneSource)
	<p><b>Breathe 2 Relax</b>  Breathing exercises that help to decrease the body's 'fight-or-flight' (stress) response, and help with mood stabilization, anger control, and anxiety management. Now uses HealthKit and your Apple Watch to measure heart rate during the breathing exercise to help provide an even more complete picture of the relaxation experienced.</p>	National Center for Telehealth & Technology (DCoE)
	<p><b>Mindfulness Coach</b>  Mindfulness has been shown to be effective for reducing stress, improving emotional balance, increasing self-awareness, helping with anxiety and depression, and coping more effectively with chronic pain.</p>	US Department of Veterans Affairs (VA)
	<p><b>Virtual Hope Box</b>  Tools to help with coping, relaxation, distraction, and positive thinking. Patients and providers can work together to personalize the VHB content on the patient's own smartphone to be used awaysay from clinic, continuing to add or change content as needed.</p>	National Center for Telehealth & Technology (CDoE)



# Phone Apps Developed for the Military Community



	<p><b>CBT-I Coach</b>          Helps those with insomnia improve their sleep habits by developing positive sleep routines and improve sleep environments.</p>	<p>US Department of Veterans Affairs (VA)</p>
	<p><b>Insomnia Coach</b>          based on Cognitive Behavioral Therapy for Insomnia (CBT-i) and provides:</p> <ul style="list-style-type: none"> <li>* a guided, weekly training plan to help you track and improve your sleep</li> <li>* a sleep coach with personal feedback about your sleep and fun sleep tips</li> <li>* interactive sleep diary to help you keep track of daily changes in your sleep</li> <li>* 17 tools to help you get your sleep back on track</li> </ul>	<p>US Department of Veterans Affairs (VA)</p>
	<p><b>PTSD Coach</b> -- self-assessment for PTSD, opportunities to find support, and tools that can help users manage the stresses of daily life with PTSD. Tools range from relaxation skills and positive self-talk to anger management and other common self-help strategies. Users can customize tools based on their preferences and can integrate their own contacts, photos, and music. This app can be used by people who are in treatment as well as those who are not.</p>	<p>US Department of Veterans Affairs (VA)</p>
	<p><b>AIMS for Anger Management</b>          Based on the online self-help course Anger and Irritability Management Skills (<a href="http://www.veterantraining.va.gov/aims/">http://www.veterantraining.va.gov/aims/</a>) educates and helps the user develop an anger management plan, anger tracking , and tools to help manage angry reactions.</p>	<p>US Department of Veterans Affairs (VA)</p>





# Current USARC PHP Contacts



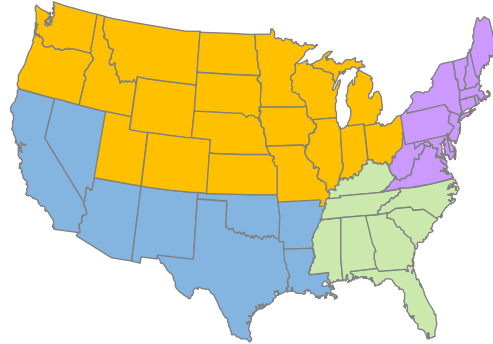
**Director,**  
**Psychological Health Program**  
 COL Leanna Brown, AN (Fort Bragg)  
 910-570-8095

[leanna.j.brown.mil@army.mil](mailto:leanna.j.brown.mil@army.mil)

**Team Lead & DPH**

Stacey Feig, LPC (Fort Belvoir)  
 Cell: 703-254-8246

[Stacey.A.Feig.ctr@army.mil](mailto:Stacey.A.Feig.ctr@army.mil)



**Deputy Director,**  
**Psychological Health Program**  
 CPT Dawn Dubay, AN (Ft. Bragg)  
 Desk: 910-570-9964, cell: 910-929-7402

[Dawn.L.Dubay.mil@army.mil](mailto:Dawn.L.Dubay.mil@army.mil)

**General Program Email:** [usarmy.usarc.usarc-hq.mbx.psychological-health-program@mail.mil](mailto:usarmy.usarc.usarc-hq.mbx.psychological-health-program@mail.mil)

<b>63<sup>RD</sup> RD</b>	<b>88<sup>th</sup> RD</b>	<b>81<sup>st</sup> RD</b>	<b>99<sup>th</sup> RD</b>
<b>DPH Holly Wallraff, LCSW</b> Cell: 254-419-9721 <a href="mailto:Holly.J.Wallraff.ctr@army.mil">Holly.J.Wallraff.ctr@army.mil</a>	<b>DPH Deb Olson, LCSW</b> Office: 608-388-0338 Cell: 715-523-9087 <a href="mailto:Deborah.J.Olson10.ctr@army.mil">Deborah.J.Olson10.ctr@army.mil</a>	<b>DPH Antoniella Delvecchio, LCSW</b> Cell: 772-877-4848 <a href="mailto:Antoniella.delvecchio.ctr@army.mil">Antoniella.delvecchio.ctr@army.mil</a>	<b>DPH Patricia Moloney, LCSW</b> Office: 609-562-7580 Cell: 609-598-2224 <a href="mailto:Patricia.A.Moloney.ctr@army.mil">Patricia.A.Moloney.ctr@army.mil</a>
<b>DPH Nicole Wallace, LPC</b> Cell: 254-922-6072 <a href="mailto:Nicole.B.Wallace.ctr@army.mil">Nicole.B.Wallace.ctr@army.mil</a>	<b>DPH Deb Koltis, LPC</b> Cell: 715-523-3827 Office: 608-388-0338 <a href="mailto:Debra.A.Koltis.ctr@army.mil">Debra.A.Koltis.ctr@army.mil</a>	<b>DPH Rhoda Donnelly, LCSW</b> Cell: 813-922-8245 <a href="mailto:Rhoda.D.Donnelly.ctr@army.mil">Rhoda.D.Donnelly.ctr@army.mil</a>	<b>DPH Christine Cloud-O'Brien, LPC</b> Cell: 609-297-6099 <a href="mailto:Christine.M.Cloud-Obrien.ctr@army.mil">Christine.M.Cloud-Obrien.ctr@army.mil</a>
<b>NCM Jill Robinson, RN</b> Cell: 726-206-4895 <a href="mailto:Jill.E.Robinson9.ctr@army.mil">Jill.E.Robinson9.ctr@army.mil</a>	<b>NCM Bruce Kyllonen, RN</b> Cell: 507-399-6985 <a href="mailto:Bruce.A.Kyllonen.ctr@army.mil">Bruce.A.Kyllonen.ctr@army.mil</a>	<b>NCM Trevor Hall, RN</b> Cell: 864-948-9335 <a href="mailto:Trevor.D.Hall.ctr@army.mil">Trevor.D.Hall.ctr@army.mil</a>	<b>NCM Theodora Agyei</b> Cell: 757-798-4261 <a href="mailto:Theodora.T.Agyei2.ctr@army.mil">Theodora.T.Agyei2.ctr@army.mil</a>
<b>NCM Anna Jacoby, RN</b> Cell: 760-759-4216 <a href="mailto:Anna.P.Jacoby.ctr@army.mil">Anna.P.Jacoby.ctr@army.mil</a>	<b>NCM Cindy Delphey, RN</b> Cell: 608-867-0060 <a href="mailto:Cynthia.M.Delphey.ctr@army.mil">Cynthia.M.Delphey.ctr@army.mil</a>	<b>NCM Zana Willis, RN</b> Cell: 910-760-3151 <a href="mailto:zana.s.willis.ctr@army.mil">zana.s.willis.ctr@army.mil</a>	<b>NCM Cari Sanford</b> Cell: 304-915-6071 <a href="mailto:Cari.L.Sanford.ctr@army.mil">Cari.L.Sanford.ctr@army.mil</a>
<b>Floating DPH: Rhonda Gilchrist, LPC</b> Cell: 830-888-1266 <a href="mailto:rhonda.e.gilchrist.ctr@army.mil">rhonda.e.gilchrist.ctr@army.mil</a>		<b>81<sup>st</sup> DPH &amp; QA Team Lead: Donna Brunetti, LMHC, LPCC, LPC</b> Cell: 843-981-9782 <a href="mailto:Donna.M.Brunetti.ctr@army.mil">Donna.M.Brunetti.ctr@army.mil</a>	



[www.usar.army.mil/PHP](http://www.usar.army.mil/PHP)

Please check our website for up-to-date contact info as well as useful resources for both Command and Soldiers



# Retirement Services



# Army Reserve Retirement Services





# Mission



The Army Reserve Retirement Services Office (RSO) serves as the principal strategic advisor to the OCAR, G1 concerning all USAR retirement resources. The Retirement Services Office develops Army Reserve policy and oversees Army Reserve retirement programs worldwide that prepare Soldiers and their Families for retirement, while serving Retired Soldiers, surviving spouses, and their Families until death in order to comply with federal laws. The Retirement Services Office encourages Retired Soldiers to be Soldiers For Life and improves recruiting and retention. The Retirement Services Office also manages the Army Reserve Continuation Pay Program.



# Core Functions



## AR 600-8-7 requirements

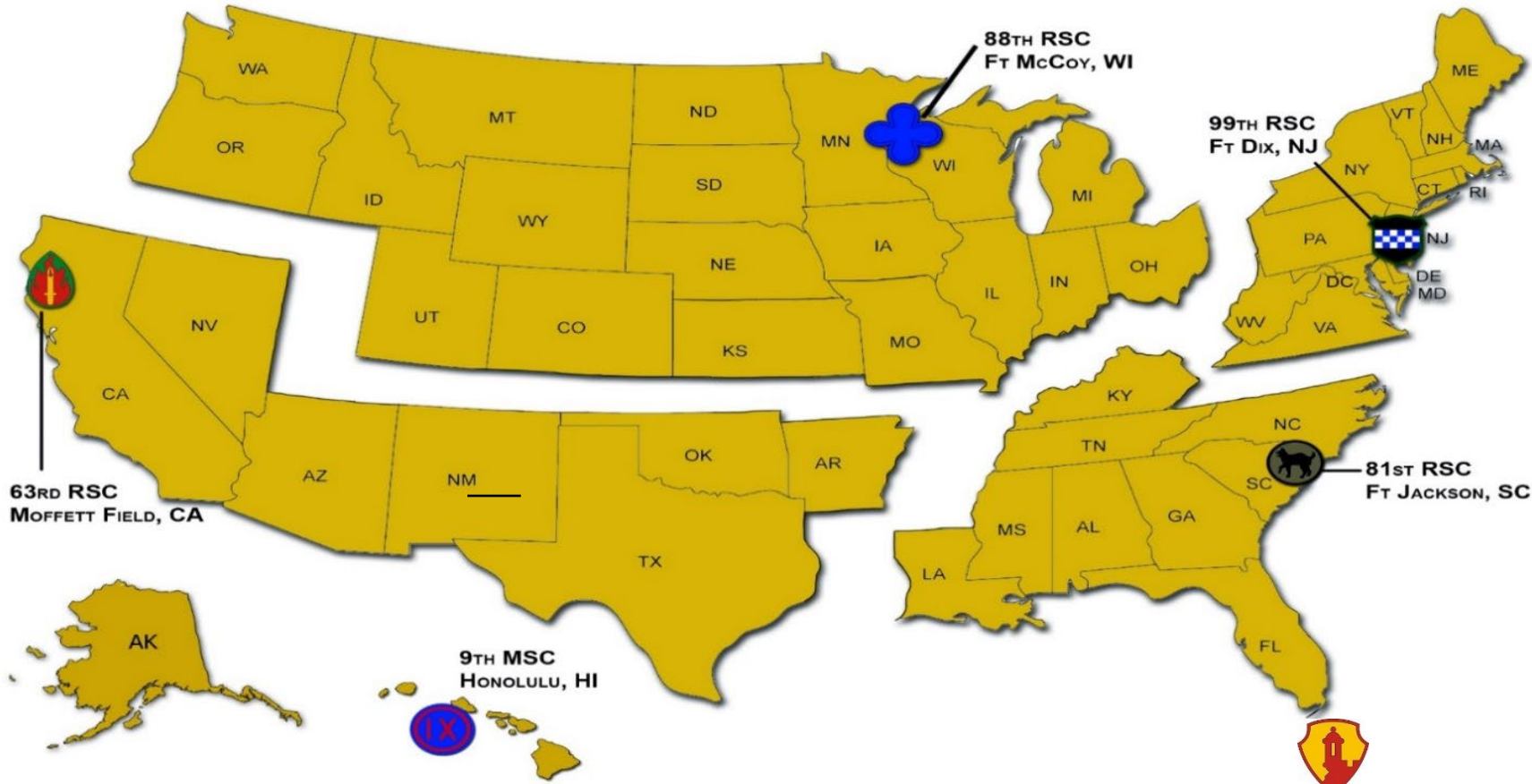
- Provide oversight and strategic guidance to ensure Army Reserve Soldiers receive the Congressionally mandated one-on-one counseling to Soldiers with 18-20 years of creditable service
- Provide oversight and strategic guidance to ensure Army Reserve Soldiers are provided mandated pre-retirement seminars
- Provide oversight and strategic guidance to Army Reserve Soldiers and Families for post-retirement services
- Provide oversight and strategic guidance to ensure Army Reserve service members are informed and provided opportunities to participate in an appropriate retirement ceremony
- Provide oversight and strategic guidance for the issuance of the standard Army Retiring Soldier Commendation Package to Army Reserve Soldiers
- Provide retirement related guidance regarding policy and law for Army Reserve Soldiers
- Provide resourcing support through the POM process



# Locations / Areas of Responsibility



**7th MSC**  
**Kaiserslautern, GE**  
\*Served by the 99th RD



**1st MSC**  
**Ft Buchanan, Puerto Rico**  
\*Served by the 81st RD

Source: CSMM, As of 17 Mar 22



# FY 21 RSO Service Highlights



<input type="checkbox"/> Total of Soldiers and Families Serviced	25,437
<input type="checkbox"/> Grey Area Retirees Serviced	9,925
<input type="checkbox"/> 18-20yr Serviced	6,825
<input type="checkbox"/> Pre-Retirement Seminars	112
<input type="checkbox"/> Virtual	100
<input type="checkbox"/> In-Person	12
<input type="checkbox"/> RSO Certification Courses	2
<input type="checkbox"/> 22 RSOs Certified via virtual platform	



# FY 22 RSO Service Highlights



<input type="checkbox"/> Total of Soldiers and Families Serviced	10,076
<input type="checkbox"/> Grey Area Retirees Serviced	4,317
<input type="checkbox"/> 18-20yr Serviced	1,640
<input type="checkbox"/> Pre-Retirement Seminars	35
<input type="checkbox"/> Virtual	24
<input type="checkbox"/> In-Person	11
<input type="checkbox"/> RSO Certification Courses	
<input type="checkbox"/> 11 RSOs Certified via virtual platform	

**(As of 31 March 22)**





# Strategic Initiatives



- Blended Retirement System – Continuation Pay communication plan to notify eligible respondents
- Develop Army Reserve Retirement Handbook (2QFY23)
- Serve as MDEP functional for FYDP (24-28) POM Resource requirements
- Support Legislative Affairs Directorate with policy and congressional initiatives
- Contribute to Army Retirement Soldier Commendation Program (ARSCP) Kit Working Group
- Reserve Survivor Benefit Plan tracked as part of Commanders Ready & Resilient Council. get Soldiers with 18-20 credit years towards retirement for counseling



# Strategic Initiatives (cont)



- Support CSA Retired Soldier Council
- Support AUSA Annual Conference
- Facilitate RSO Certification Courses
- Attend Pre-Retirement Seminars and meet with RDs/MSCs leadership to discuss program challenges and opportunities



# References



## **HRC RC Retirements:**

<https://www.hrc.army.mil/content/Gray%20Area%20Retirements%20Branch>

## **Soldier For Life Retirement Services:**

<https://soldierforlife.army.mil/retirement/>

<https://soldierforlife.army.mil/retirement/preparing-to-retire>

## **\*USAR Readiness Division RSOs listed at:**

<https://soldierforlife.army.mil/Retirement/ArmyReserve>

## **AR Retirement Services Offices:**

<https://www.usar.army.mil/Retirement>

## **State RSOs can assist National Guard Soldiers:**

<https://myarmybenefits.us.army.mil/Benefit-Library/Resource-Locator>

\* = Pre-Retirement  
Seminar Schedule



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# Questions?



# Army Reserve Retirement Service



## Locations / Areas of Responsibility

RD/MSC	TDA	TMA	15+ Good Years	Gray Area	Total	RD/ MSC Total	Current Ratio
9th MSC		1	1,191	605	2,376	2,376	1:1,191
63rd RD	2		9,039	4,291	13,330	13,330	1:4,520
81st RD	2		11,566	6,196	17,762	18,864	1:6,146
1st MSC	0		726	376	1,102		
88th RD	2		12,536	6,066	18,602	18,602	1:6,268
99th RD	2		9,939	5,094	15,033	15,789	1:5,221
7th MSC	0		503	253	756		
*USARC/OCAR	1						
Total	9	1	45,500	22,881	68,961	68,961	1:4,670 (Avg)

\* RSO Operational and Policy Teams

Source: CSMM, As of 17 Mar 22



- 1 Day Briefing IAW AR 600-8-7 (Retirement Services Program)
- 5 W's for Pre-Retirement Group Briefs
  - ✓ **Who:** Target is 18-20 good years towards a non-regular retirement; ages 57-60 preparing to apply for retired pay; invite 15+ good years
  - ✓ **What:** RCSBP/SBP, Retirement Points & Retired Pay Application, VA, TRICARE, ID/DEERS, Education
  - ✓ **When:** Saturdays with a minimum of 12 Group Briefings per RD per year. Weekend most conducive to TPU civilian work or school schedule
  - ✓ **Where:** Largest target populations (USARC queries to prioritize briefing locations)
  - ✓ **Why:** To provide accessible information to Soldiers, Family members and Gray Area retirees to help them make informed decisions related to retirement



# AAR / Transition to Dining Out Festivities



# Day 2



# Spouse Event Panels

## Quality of Life

Moderator: LTC Miller-Salter

Facilitators: Mr. Cousar / LTC Fogg

### Panel Members

- CSM Lombardo (Child Care)
- ✓ LTC Fogg (Child Care)
- ✓ Food Insecurity (MilFam)
- ✓ Lynn Olavarria (Financial Readiness: FBNC Personal Financial Manager)
- ✓ COL Augustyn Boguslaw (CMD Chaplain)

## Employment

Moderator: LTC Miller-Salter

Facilitators: Mr. Cousar / LTC Fogg

### Panel Members

- ESGR
- ✓ Ms. Alecia Grady: P3O
- ✓ Ms. Laura Wages: Ofc of Veterans Business Dev

## Healthcare

Moderator: LTC Miller-Salter

Facilitators: Mr. Cousar / LTC Fogg

### Panel Members

- ✓ Mr. Howard Hughes: DHA Tricare
- ✓ COL Flocke: USARC Surgeon (General Health Questions)
- ✓ COL Brown: USARC Psychological Health Office (Capabilities & Resources)

## Former Senior Spouse

Moderator: LTC Miller-Salter

Facilitators: Mr. Cousar / LTC Fogg

### Panel Members

- ✓ Mrs. Elaine Lennon
- ✓ Mrs. Linda Carroll
- ✓ Dr. Cindy Dire

## COMMAND SERGEANT MAJOR

ANDREW J. LOMBARDO



Command Sergeant Major Andrew James Lombardo is the 14th Command Sergeant Major of the Army Reserve, effective April 3, 2020. As the CSM of the Army Reserve, CSM Lombardo is the Senior Enlisted Advisor to the Chief of Army Reserve on all enlisted matters.

CSM Lombardo enlisted in the United States Army in 1985. He attended One Station Unit Training (OSUT) at Fort McClellan, Alabama where he graduated from the U.S. Army Military Police School. He completed a two year Active Duty commitment with the United States Military Academy Military Police Company at West Point, New York. After being released from Active Duty, he enlisted in the United States Army Reserve in Long Island, New York, where he served in every noncommissioned officer leadership position. CSM Lombardo assignments include Division CSM of the 200th Military Police Command, Division CSM of the 99th Readiness Division (RD), Division CSM of the 100th Training Division (Leader Development), CSM of the 333rd Military Police Brigade, CSM of the 306th Military Police Battalion, CSM of the 301st Regional Support Group, and CSM of the 1079th Garrison Support Unit.

During his 35 years of distinguished military service, he served in six overseas deployments including Operation Desert Shield/Storm, Operation Joint Guard Bosnia, Operation Joint Guardian Kosovo, twice in service in Operation Iraqi Freedom, and Operation Enduring Freedom (Afghanistan).

He was selected as Honor Graduate from PLDC, BNCOC, and the First Sergeants course. He is a 2006 graduate of the United States Sergeants Major Academy. In 2015, CSM Lombardo graduated from both the Army Force Management School and the National Defense University Reserve Component National Security Course. He is a 2016 graduate of the University of Kansas School of Business Army Leader Strategic Broadening Program, and was selected as Honor Graduate from the United States Army War College Nominative Leader Course 17-03. Most recently, in 2019, CSM Lombardo completed the National Defense University Keystone 19-02 Command Senior Enlisted Leader Course in joint and combined studies.

His awards and decorations include the Bronze Star Medal (2nd award), the Meritorious Service Medal (3rd award), the Army Commendation Medal (7th award), the Army Achievement Medal (5th award), the Navy Achievement Medal, the National Defense Service Medal (with two Campaign Stars), Air Assault Badge, the German Armed Forces Badge for Weapons Proficiency in Gold (Schützenschnur Gold), and the Meritorious Unit Citation (2nd award).

CSM Lombardo earned a Master of Science Degree in the Administration of Justice from the University of Louisville. He is a 2007 Honor Graduate of the prestigious Southern Police Institute and a 2016 graduate of the Naval Post-Graduate Institute Executive Leaders Course. CSM Lombardo is a New York State licensed Emergency Medical Technician and a Nationally Certified Emergency Medical Technician. In his civilian career, he serves as Police Executive holding the rank of Deputy Inspector with the New York City Police Department.

He is a native New Yorker. When not working, he enjoys running marathons, hiking, diving, motorcycling, traveling, and spending time with his wife Elizabeth, an accomplished attorney.

Mrs. Elaine Rovazzi Lennon  
64 South Main Street  
New Berlin, NY 13411  
Elaine.R.Lennon@gmail.com

Ms. Elaine Rovazzi Lennon, was born and raised in Little Falls, New York. She initially attended SUNY Oswego before transferring to SUNY Geneseo (NY), where she received a Bachelor of Science in Biology/Medical Technology in 1977.

After working several years as a nuclear medicine technologist, at Fairfax Hospital in Falls Church, Virginia and Overlook Medical Center in Summit, New Jersey, she pursued a career in the medical physics component of nuclear medicine and imaging. She graduated from Georgetown University in Washington, DC with a Master of Science Degree in Radiation Science and Nuclear Medicine Physics in 1992.

She was awarded Board Certification by the American Board of Radiology in Medical Nuclear Physics in 1996 and currently operates as a private nuclear medicine physics consultant to numerous hospitals and imaging centers in Northern New Jersey and the Catskills. Mrs. Lennon is a member of the Society of Nuclear Medicine and Molecular Imaging and numerous other professional associations. She is on the Advisory Board of the Garden State Society of Nuclear Medicine Technology and served as an instructor at the University of Medicine and Dentistry's Nuclear Medicine Technology program.

While serving as a senior spouse (to the now retired Major General Peter Lennon), Elaine was very active in a variety of commands, USARC, and DA/DOD-level activities. As a result of her mentorship, positive participation, and guidance to thousands of Soldiers and Army Families, she was recognized upon Peter's retirement with the Dr. Mary E. Walker Award for Service as a Military Spouse. She continues to serve as a mentor to new senior military spouses (General Officer Spouse Mentorship Program) and supports many Veteran-related programs. Locally, she is an active member of the New Berlin (New York) American Legion Auxiliary and the New Berlin Rotary. She is on the alter guild for St. Andrew's Episcopal Church in New Berlin, and the Unadilla Valley Central School Scholarship Committee.

Elaine and her husband Peter, a native of New Berlin and its current mayor, chose to return to their Upstate New York roots in 2017 following his military career. They both love the area's natural beauty and she feels its pace allows her to "re-boot". She has been the driving force for the local Hometown Heroes banners program. Elaine enjoys walking through the Village and chatting with neighbors at the local markets. As her consulting schedule allows, she eagerly supports many local community wellness efforts, military recognition events, and fund-raising activities.



## Cindy Dire Bio

Cindy has been a supportive wife to Major General Daniel Dire, Retired. She has been an Army Reserve Volunteer for 20 plus years. Thanks to training provided to interested individuals, Cindy was trained and credentialed by the Army Reserve Family Programs. She continued her training to train the trainers by the Department of the Defense called a Master Trainer. All of this was possible due to an established and active Army Reserve Family Programs. She used her skills for the Department of Defense by training every branch of the Military at Active Duty Installations and for the Army Reserve at Yellow Ribbon Programs. She also has volunteered at nearly each command in the last 20 years

of her husband's career. In addition, she was occasionally called upon to represent the Army Reserve Family Programs on Senior level panels and was instrumental in launching remote video presentations which saved the institution money.

Outside of volunteering, Cindy has been involved in the film industry for the last 7 years. She has an IMDb page for viewing. In front of the camera she has been in feature films, music videos, short films, television, and commercials. Behind the camera she has produced web-based videos for commercial clients.

Cindy and her husband live in Central Texas and are in the process of building a new home for their retirement. They love playing golf, boating and fishing, and following the Kansas City Chiefs football team. They love to travel and just returned from an Ancestral Castle Tour in Scotland and played golf there too.

They have four grown children and seven grandchildren.

# BIOGRAPHY



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## USARC DEPUTY SURGEON FOR OPERATIONS

### COL W. CHANCE COMSTOCK



COL Comstock was commissioned in the Regular Army Medical Service Corps in January of 1996. He is a Virginia Commonwealth University graduate and was appointed as a Second Lieutenant in the U.S. Army through the ROTC program. He's held tactical through strategic level positions in leadership, planning, administration, and logistics.

COL Comstock joined the Army Reserve in May of 1999 and currently serves as the Deputy Surgeon for Operations at the United States Army Reserve Command. He received his Master's of Strategic Studies (Resident) from the U.S. Army War College in 2019, and a Master's of Arts in Geography and Regional Planning from the California University of Pennsylvania in 2002.

His recent assignments include- Director of Health Affairs, Office of the Chief of the Army Reserve, Fort Belvoir, VA, and Chief of Operations for the USARC Surgeon, Fort Bragg, NC.

His former military assignments include DEP CDR, Southeastern Medical Area Support Group, Nashville, TN, Secretary to the General Staff, Army Reserve Medical Command, Pinellas Park, FL, Assignment Officer for Medical Corps Officers, U.S. Army Human Resources Command, Fort Knox, KY, Boards and Waivers Officer, U.S. Army Recruiting Command, Fort Knox, KY

COL Comstock's awards and decorations include the Meritorious Service Medal (three oak leaf clusters), the Army Commendation Medal (three oak leaf clusters), the Humanitarian Service Award, and the Armed Forces Expeditionary Medal.

COL Comstock is married to Christine who holds a Master's of Science in Nursing and is employed by the Cape Fear Valley Health System. They have three children, Andria (24), Chance II (13), and Audrey (9). They enjoy outdoor activities, amusement parks, and sporting events together.



# United States Army Reserve

Colonel LEANNA J. BROWN

**Director (TPU)  
United States Army Reserve Command (USARC)  
Psychological Health Program  
Fort Bragg, NC  
Since: October 2021**

SOURCE OF COMMISSIONED SERVICE DIRECT

EDUCATIONAL DEGREES

Union University - Bachelor’s Degree in Nursing  
Arkansas State University - Master of Science in Nursing  
University of Tennessee, Health Science Center - Doctor of Nursing Practice  
Indiana Wesleyan University - Master of Business Administration - Healthcare Administration  
United States Army War College - Masters in Military and Strategic Studies

MILITARY SCHOOLS ATTENDED

Army Medical Department Officer Basic and Advance Course  
United States Army Command and General Staff College  
United States Army War College

FOREIGN LANGUAGE(S) None recorded

<u>PROMOTIONS</u>	<u>DATE OF APPOINTMENT</u>
2LT	8 Aug 96
1LT	12 Dec 97
CPT	30 Apr 02
MAJ	20 May 08
LTC	22 Jul 13
COL	3 Aug 17

<u>FROM</u>	<u>TO</u>	<u>ASSIGNMENT</u>
Oct 21	Current	Director, Psychological Health Program, Fort Bragg, North Carolina
Sept 20	Aug 21	Chief of Staff, 3D FWD, Det 21, Camp Arifjan, Kuwait
Aug 18	Sep 20	President, National Capital Region Physical Evaluation Board, Arlington, Virginia
Oct 17	Jul 18	Adjudicator, National Capital Region Physical Evaluation Board, Arlington, Virginia
Oct 15	Sep 17	Brigade Executive Officer, 332d Medical Brigade, Nashville, Tennessee (May-Sep 17, Non-rated)
Jan 15	Oct 15	Deputy Chief Nurse, 332d Medical Brigade, Nashville, Tennessee
Jan 13	Jan 15	Battalion Senior Nurse Case Manager, Warrior Transition Battalion, Fort Knox, Kentucky
Jan 12	Jan 13	Nurse Case Manager, Community Based Warrior Transition Unit – Arkansas, Camp Robinson, Arkansas
Jan 11	Jan 12	Officer in Charge, Intensive Care, 933d Forward Surgical Team, Paducah, Kentucky
Sep 10	Jan 11	Officer in Charge, Troop Medical Clinic, United States Army Medical Department Activity Fort Knox, Camp Atterbury, Indiana

Jan 10	Sep 10	Senior Medical Surgical Nurse, United States Army Medical Department Activity, Fort Knox Camp Atterbury, Indiana
Aug 09	Jan 10	Commander, 933d Forward Surgical Team, Paducah, Kentucky
Dec 07	Aug 09	Chief Nurse and Officer in Charge Intensive Care Unit, 933d Forward Surgical Team, Paducah,
Jun 06	Nov 07	Officer in Charge, Emergency Department, United States Army Medical Department Activity, Fort Irwin, California
Jan 06	Jun 06	Chief Nurse and Officer in Charge Intensive Care Unit, 933d Forward Surgical Team, Paducah, Kentucky
Jan 05	Jan 06	Clinical Nurse, Emergency Room, Task Force Medical Falcon, Camp Bondsteel, Kosovo
Nov 97	Jan 05	Medical Surgical Nurse, 933d Forward Surgical Team, Paducah, Kentucky (Nov 04 – Jan 05, Non-rated)
Aug 96	Nov 97	Medical Surgical Nurse, 330 <sup>th</sup> Combat Support Hospital, Memphis, Tennessee

SUMMARY OF JOINT ASSIGNMENTS

None recorded

SUMMARY OF OPERATIONAL ASSIGNMENTS

DATE

GRADE

US DECORATIONS AND BADGES

Meritorious Service Medal (with 3 Oak Leaf Clusters)

Army Commendation Medal

Army Achievement Medal (with 2 Oak Leaf Clusters)



## **ADDENDUM TO RESUME OF SERVICE CAREER**

**Colonel LEANNA JAY BROWN, (USAR)**

### CURRENT OCCUPATION

Clinical Specialist, Intrepid Spirit, Fort Campbell, Kentucky

### NATURE SCOPE AND EXTENT OF RESPONSIBILITIES

Responsible for the achievement of optimal patient outcomes through application of clinical expertise and by acting as a member of the patient care administration team. In conjunction with the Medical Director and center director develop dashboards to monitor report and improve performance components, productivity; patient satisfaction and outcome measures. Serves as the clinical liaison between other healthcare providers and the Intrepid. Responsible for coordinating staff education.

### ESSENTIAL JOB FUNCTIONS:

- Provides direction and support to patients, families, and health care providers by assembling a medical database.
- Evaluates, interprets, and implements hospital and nursing policies and procedures for assigned units and recommends changes as needed for the Intrepid Spirit. Ensures that care is congruent with the patient's needs/values in an ethical environment. Plans and/ or participates in planning to deliver care in a safe, cost effective manner.
- Leads criteria development efforts in conjunction with Medical Director for both measuring outcomes and clinical protocols; participates as a team member for development of clinical protocols for patients presenting to the Intrepid Spirit.
- Provide direction, assist and improve the patient education process.
- Assist departments with the development of corrective action plans as a result of non-compliance; assists departments with the development of procedures needed to comply with federal, state and local rules and regulations (to include the Joint Commission).
- Meets regularly with business staff and management to ensure compliance to business practices and procedures directly related to cost efficient management of the budget.
- Assists the Director in developing initiatives that will maintain an appropriate bottom line.
- Assist with real time data collection for performance improvement and quality monitoring.

# **Colonel Leanna J. Brown**

## Resume Addendum

Date of Birth: December 5, 1962

Joint Qualified Designation: Colonel Coyote is not a Joint Qualified Officer

Mandatory Removal Date for Age: December 5, 2022

Mandatory Removal Date for Service: December 31, 2025



# Biography

Department of the Army



## Alecia R. Grady

**Director, Private Public Partnership Office (P3O)  
Office of the Chief of Army Reserve (OCAR)**

Office (703) 806-6747

Cell (571) 488-4295

Email Address: [alecia.r.grady.civ@mail.mil](mailto:alecia.r.grady.civ@mail.mil)

Ms. Grady was assigned as the Director of the P3O at FT Belvoir, VA in May 2021. She provides oversight of the US Army Reserve Private Partnership Program to maintain, establish and foster relationships with corporate (profit, non-profit), academic, government and non-government organizations. The P3O supports the US Army Transition Assistance Program (TAP) to provide value added connection to employment services and connect local and regional partnerships, resources and capabilities to Title 10 Soldiers, Veterans and Families. The Directorate works with the Employer Support of the Guard and Reserve (ESGR) to build resilient leaders and enhance USAR readiness throughout the USAR footprint. The program elevates and bolsters USAR Soldiers and Family readiness and resiliency.

### CAREER CHRONOLOGY:

- May 2020 – present Director, P3O, OCAR, FT Belvoir, VA
- October 2017 – April 2020 Director of Personnel & Family Readiness, JBLM
- April 2012 – September 2017 ACS Director, JBLM, WA
- February 2010 – April 2012 Accreditation Team Manager, HQ IMCOM
- January 2009 – February 2010 ACS NE Regional Manager, HQ IMCOM
- September 1994 – January 2009 ACS Garrison Program Director, TYAD

### HIGHEST EDUCATIONAL DEGREE:

- Bachelor's of Science - Human Service Administration

### SIGNIFICANT GOVERNMENT TRAINING:

- U.S. Army Management Staff College

### AWARDS AND HONORS:

- Hiring Our Heroes Community Leader and Community Partnership Awards
- Department of the Army Civilian of the Year
- Commander's Award for Civilian Service (1)
- Achievement Medal for Civilian Service (2)
- AUSA Award for Distinguished Service

**PERSONAL:** Native Pennsylvanian, son age 30



# Private Public Partnership Office (P3O)





# P30 Org Chart



Chief Army Reserve  
★ ★ ★ ★  
(OCAR/USARC)

Assistant Chief Army Reserve/SES  
(OCAR)

P3 Director/GS-15  
Ms. Grady  
(OCAR)

Strategic Planner  
LTC Hance  
(OCAR)

Public Affairs Officer  
MAJ Stubbs  
(USARC)

External support

HRC TAP Liaison Ms. Jenkins (OCAR)	OSD ESGR Liaison Ms. Stroud (USARC)
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**P3 Full Time Support (6)**

Operations Officer  
LTC Hayden  
(USARC)

Research & Analysis  
Officer  
LTC Pace  
(USARC)

HR Officer  
MAJ Dollison  
(primary COR)  
(USARC)

**P3 Contracted Support (40)**

Mr. Schultz  
Program Manager  
(OCAR)

Mr. McCollough  
National Engagement  
(OCAR)

Ms. Miffin  
Program &  
Data Analyst  
(OCAR)

(11) ARES Lead (at MSC or USAR Centers, may virtually brief at Transition Points)  
1<sup>st</sup> MSC PR; 7<sup>th</sup> MSC, DE; (2) 9<sup>th</sup> MSC, HI; FT Bragg, NC; JBLM; FT Carson; FT Sam; FT Campbell; FT Drum; Savannah, GA

(16) ARES  
In USAR Centers  
through out the  
Country

(4) ARES Leads at RDs: 63<sup>rd</sup> RD Mountain View, CA, 81<sup>st</sup> FT Jackson, SC, 88<sup>th</sup> RD FT McCoy, WI, 99<sup>th</sup> RD FT Dix, NJ

(6) TRLs  
at AC installation

**Legend:**

LNOs	Filled	OCAR	USARC
------	--------	------	-------

ARS: Army Readiness Specialist  
TRL: Transition Readiness Liaison  
- - - Coordinating relationship

Other locations
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# How P3O works:



## P3 = EMPLOYMENT

- We provide individual Soldier, Family member or Veterans assistance in finding employment/education opportunities through our vetted partners through our Army Reserve Employment Specialists and Transition Readiness Liaisons.
- P3 assesses every employer/training partner to ensure that we have a mutually beneficial partnership that supports USAR Soldiers, Family members and Veterans in obtaining meaningful employment/education opportunities and employers are gaining the talent they are seeking for their company.
- We support Recruitment in two ways:
  - Through Active Component to Reserve Component at transition sites by assisting new Soldiers enter training with industry programs through our partners,
  - With Recruiting Command for new recruits by connecting them to our Army Reserve Employment Specialist early in the recruitment process to start their career exploration.
- We are the liaison with the Employer Support for Guard/Reserve (ESGR) and provide case management and orders verification.



# How to Access P3



- Army Reserve Employment Specialist (ARES): Provide support to our Soldiers, Family members and Veterans with career exploration, job search, resume writing, interviewing and more. Direct link between client and the employer.
- Transition Readiness Liaison (TRL): Provide support to DEMOB Soldiers who need employment; and directly supports the AC2RC at transition sites. Working with the Reserve Component Career Counselors, those Service members who sign on with the USAR will be assisted in a training with industry pathway with one of our partners.
- Website: <http://www.usar.army.mil/P3> where you can connect with an ARES or TRL in your area, search partners, request more information or a unit briefing.
- P3 Mailbox: [usarmy.usarc.ocar.mbx.p3@army.mil](mailto:usarmy.usarc.ocar.mbx.p3@army.mil) is monitored daily, reach out for any specific information you need on P3 and one of our Team will respond within 24 hours.
- P3O Partner Job Board: Exclusive job board for our employer partners to post employment opportunities.

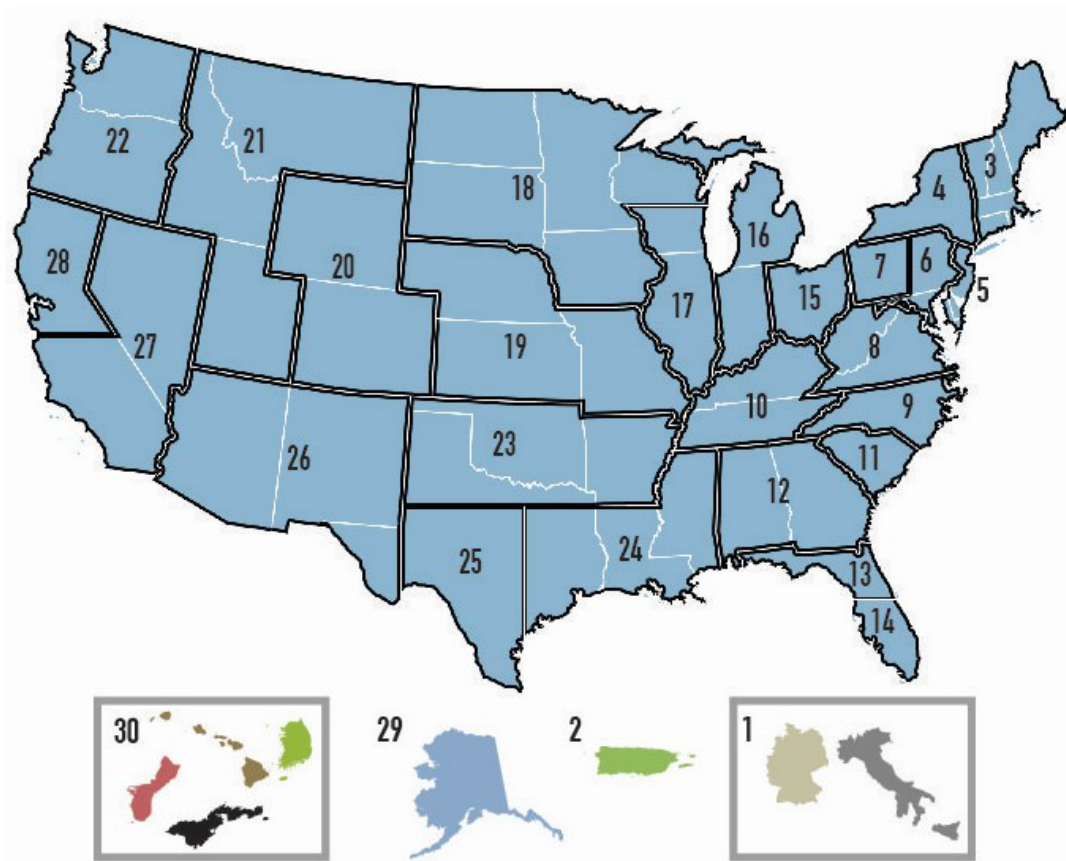


# Find the P3O Staff Near You!



<http://www.usar.army.mil/P3>

## FIND LOCAL SUPPORT



Click the appropriate zone for your location to find local P3 support.





# Available Virtual Resources



Virtual Employment Sources and Assistance: <http://www.usar.army.mil/P3>

A complete list of our employer partners can be found on our webpage on the “P3 Employer Partners” link



<https://www.recruitmilitary.com/army>



<https://www.vetjobs.org>



<http://www.mymaplan.com>



<https://www.militaryspousejobs.org>



<https://www.hiringourheroes.org>



<https://www.uso.org/programs/uso-pathfinder-transition-program>



[www.vettoceo.org](http://www.vettoceo.org)



<https://forgenow.com/>



<https://msepjobs.militaryonesource.mil/msep/home>



<https://www.acp-usa.org/mentoring-program/program-overview>



<https://ivmf.syracuse.edu/programs/career-training/o2o-admission/onward-to-opportunity-application/>



# To connect with ESGR in your State



<http://www.usar.army.mil/P3>



**To Find an ESGR Unit Briefing click the link  
below**

<https://www.esgr.mil/Service-Members-Family/Employment-Resources>

To find an ESGR Representative in your state to provide Annual Unit ESGR:

<https://www.esgr.mil/About-ESGR/Contact/Local-State-Pages>

For questions on your rights regarding the Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA):

<https://www.esgr.mil/USERRA/USERRA-Contact>



# Stay Connected with Us!



Website: [www.usar.army.mil/P3](http://www.usar.army.mil/P3)

Facebook: [www.facebook.com/PrivatePublicPartnership](http://www.facebook.com/PrivatePublicPartnership)

LinkedIn: [www.linkedin.com/PrivatePublicPartnership](http://www.linkedin.com/PrivatePublicPartnership)

Instagram: [www.Instagram.com/p3o\\_usar](http://www.Instagram.com/p3o_usar)



P3 Strategic Planner  
LTC Lekesha Hance  
[lekesha.d.hance.mil@army.mil](mailto:lekesha.d.hance.mil@army.mil)  
(703) 806-7769

P3 Operations  
LTC Julia C. Hayden  
[Julia.c.hayden.mil@army.mil](mailto:Julia.c.hayden.mil@army.mil)  
(910) 570-9550

P3 Senior HR Officer:  
MAJ Erron Dollison  
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(910) 570-8189

P3 Senior Analystist:  
LTC Ryan Pace  
[ryan.j.pace.mil@army.mil](mailto:ryan.j.pace.mil@army.mil)  
(910) 570-8821

P3 Public Affairs  
MAJ Rob Stubbs  
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(910) 570-8146

Mr. Mike Schultz  
Contractor PM  
[michael.d.schultz.ctr@army.mil](mailto:michael.d.schultz.ctr@army.mil)  
(703) 806-6848

**P3 E-mail: [usarmy.usarc.ocar.mbx.p3@army.mil](mailto:usarmy.usarc.ocar.mbx.p3@army.mil)**



**Mrs. Lynn A Olavarria  
Program Manager  
Army Community Service  
Financial Readiness Program  
Fort Bragg NC**

**Mrs. Lynn Olavarria is a native of Providence, Rhode Island. She served in several leadership positions in the Military Police Corps during her 20 year Army career. Her assignments took her stateside and overseas, which included deploying to Operation Desert Shield/Desert Storm in Saudi Arabia while working Military Police missions.**

**Ms. Olavarria realized her desire to help military Families with their finances, which led her to become an Accredited Financial Counselor (AFC) through the Association for Financial Counseling, Planning and Education (AFCPE). She currently works as the Program Manager for the Fort Bragg Army Community Service, Financial Readiness Program at Fort Bragg N.C.**

**Mrs. Olavarria is married to her husband George (41 years). They have two daughters, Debra (Debby) and Katelin (Katie), both Social Workers. The love for serving people runs in the family.**



# **AAR Comments & Transition to Guest Speaker “Mr. Charley Thompson”**



# Day 3



# Volunteer Discussion



# Retirement Packet Processing





# Non-Regular Retirement is a Phased Operation

## phase 1. 20 years Creditable Service

Attend Retirement (RSO) event between 18-20 years.

- RC-SBP
- TRICARE
- Points Calculation

Receive 20-year Notice of Eligibility letter.

- RC-SBP Election

\*ANNUALLY\* Confirm DA5016 is correct.

- Keep Copies of Orders

Maintain Participation in Selected Reserve

- TRICARE Reserve Select(TRS)

## phase 2. Transfer to Retired Reserve (GAR)

Verify Retirement Points are Correct

- DS LOGON
- MyPAY LOGON
- RSO Brief

Submit Retirement Transfer Packet through Unit or GOMO

- Soldier initiated

Receive Retirement Orders, Award etc.

- KEEP Qualifying Reduced Age Retirement Orders

Transfer to Gray Area Retiree(GAR)

- TRICARE Retired Reserve(TRR)

## phase 3. Request for Retired Pay

Submit Retirement Pay Packet to HRC 6 to 9 months before age 60.

- HRC Website
- SBP

HRC Army Service Center Reviews then sends to GAR to Process Packet

HRC Sends Completed Packet to DFAS to Start Pay and SBP

- Ensure myPAY Info is Correct

TRICARE Changes to TRICARE Prime or Select

- TRICARE for Life(TFL) at age 65 - must have Medicare (B)

<https://www.hrc.army.mil/content/Gray%20Area%20Retirements%20Branch>



U.S. ARMY

# KEY Take Aways



- Don't put off tracking points, making medical insurance decisions and developing your retirement pay priorities and strategy.
- Review of Retirement Points should be done at least annually.
- Everyone should attend the Retirement Services Brief prior to getting their 20 year letter even if retirement is not in the near-term plan.
- RC Survivor Benefit Plan (RC-SBP) provides coverage as soon as you get the 20 year letter. You *\*are\** paying for that coverage. Premiums are not taken out until retirement pay starts. Retirement pay will be calculated with a monthly debt to pay the previous RC-SBP coverage.
- TRICARE eligibility changes based on duty status and sometimes age. Key changes are
  - TPU = Tricare Reserve Select
  - Gray Area Retiree = Tricare Retired Reserve (TRR)
  - Age 60 = TRICARE Prime or Select
  - Age 65 = TRICARE for Life (TFL)
- Timeline for submitting Retirement Pay Packet is condensed for most senior leaders – many are retirement pay eligible when they retire.
- If there is time that counts towards reduced age retirement, those orders must be submitted with (age 60) pay packet even if the time shows on the Chronical Retirement Points (5016) statement.
- MyPay Retiree account will be created by DFAS when entering GAR. Retiree needs to create a username and password.
- Create DS LOGON to access a number of websites – retirees do not get a CAC and it will be turned off when transferred to retired reserve.



# Market Place

Amy Mingus,  
Tragedy Assistance Program for Survivors (TAPS)  
Youth Programs Events & Admin Coordinator.

Amy is a military spouse with over 27 years of moves, steadfast love and friendships, heart wrenching hurt, and indescribable joy- gaining the perspective and insight that drives her purpose.

She has a passion for team building and mentoring military families. She co-founded Tumbleweeds, a non-profit organization in Fort Carson, CO that provides a center for artistic and creative endeavors. Amy has served as a senior advisor and mentor to numerous non-profit organizations across the nation, striving to help build teams that would consistently make a difference in the lives of the families in her community.

As a professional volunteer, she served beside her husband through all levels of command and over many years of deployments. Her mission was to care for the families in the unit, to unify and support the team, and be full of grace and compassion to all.

Graduating from Appalachian State University where she studied Psychology, Amy has worked in the field of Early Childhood Intervention in many places through the Mental Health System, University Program, and Army Hospital.

Amy currently lives in the Washington DC area with her husband, Lieutenant General James Mingus who is the Director of the Joint Staff at the Pentagon. They have 3 children, Nathan, Zoe, and Luke.

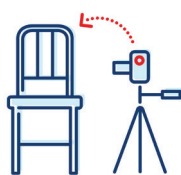
# NEVER MISS STORYTIME - NO MATTER WHERE YOUR MILITARY SERVICE TAKES YOU.



United Through Reading brings families together through video recorded storytime with our FREE program. The child receives the recording and book to read along with you on demand.

Not only is reading aloud to children the single most important contributor to their academic success, it facilitates important moments of family bonding that transcend our technologically driven world.

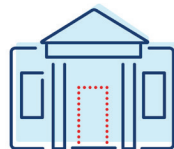
## UNITED THROUGH READING STORY STATIONS



**EMBEDDED STORY STATION**  
within a military unit



**APP STORY STATION**  
free and secure app that's always available



**LOCATION STORY STATION**  
permanent recording sites (such as a base library)



**POP-UP STORY STATION**  
at events like community and unit events



**MOBILE STORY STATION**  
recording studio on-the-go (available in specific locations)



## HOW UNITED THROUGH READING WORKS

1. Service member goes to a UTR Story Station or opens the UTR App
2. Choose free book from our hand-picked selection
3. Service member video records story
4. Recording and book are sent to child
5. Child watches and reads along on demand

### UNITED THROUGH READING:

**Maintains FAMILY CONNECTIONS which boosts morale and reduces reintegration difficulties.**

93% of families said the United Through Reading program made family bonds stronger.

**Reinforces FAMILY ROUTINES which reduces stress for the whole family.**

98% of families said United Through Reading is a critical family readiness and resiliency tool.

**Provides COMMUNICATION that is reliable, repeatable, and accessible storytime on demand.**

97% of families said UTR recordings made deployments or separations easier.

**Promotes DAILY READING, which strengthens military children's literacy skills and educational development.**

90% of families reported an increase in a child's love of reading since watching UTR video-recordings.

*\*Independent research confirms the positive impacts of United Through Reading (UTR) on military family readiness and resilience.*

unitedthroughreading

utr4military

utr4military

**CFC #11393**

1455 Frazee Road, Ste 500  
San Diego, CA 92108  
858.481.READ(7323)  
unitedthroughreading.org



# P3

## Private Public Partnership

### United States Army Reserve



### WHO IS P3?

The P3 Office engages with businesses and academia to build a nationwide network of training and employment opportunities for our Soldiers and Families.

### HOW WE SUPPORT?

We connect you with employment and training partners to support you in your job search.

## RESOURCES



**VETJOBS**  
vetjobs.org



**HIRING OUR HEROES**  
hiringourheroes.org



**RECRUIT MILITARY**  
recruitmilitary.com



**ERA SOLUTIONS**  
mymaplan.com



**FORGENOW**  
forgenow.com



**ONWARD TO OPPORTUNITY**  
ivmf.syracuse.edu



**USO-PATHFINDER**  
uso.org



**MILITARY SPOUSE EMPLOYMENT PARTNERSHIP**  
msejobs.militaryonesource.mil



### STAY CONNECTED WITH US!



[www.usar.army.mil/P3](http://www.usar.army.mil/P3)



[usarmy.usarc.ocar.mbx.p3@army.mil](mailto:usarmy.usarc.ocar.mbx.p3@army.mil)



## WHAT WE DO

- Build a nationwide network of corporate, profit/nonprofit and employee partners that provides Army Reserve Soldiers, Veterans and Spouses employment and training opportunities that allow them to apply their expertise in both their military and civilian careers.
- Establish mutually beneficial relationships and opportunities that enhance Soldier readiness and bring additional capabilities to the U.S. Army Reserve and the Nation.



## WEBSITE

To learn more about P3 and how the program can help you, visit [www.usar.army.mil/P3](http://www.usar.army.mil/P3).



## SOCIAL MEDIA



Facebook.com/  
PrivatePublicPartnership



LinkedIn.com/company/  
Private-Public-Partnership-P3



Twitter.com/USAR\_P30



## PRIVATE PUBLIC PARTNERSHIP OFFICE (P30)

Office of the Chief of Army Reserve  
6075 Goethals Road  
Bldg 1908  
Fort Belvoir, VA 22060-5231

US Army Reserve Command  
4710 Knox Street  
Bldg 8-1808  
Fort Bragg, NC 28310-5010

Email:  
[usarmy.usarc.ocar.mbx.p3@army.mil](mailto:usarmy.usarc.ocar.mbx.p3@army.mil)

## HOW WE SUPPORT YOU

- Employment-related resources
- Technical Training capabilities
- Leadership Development
- Educational opportunities
- Extensive network of employment and training partners
- Translate MOS skillsets into civilian career fields and more



Private Public  
Partnership

United States  
Army Reserve



## DEDICATED TO SERVING YOU

The P3 team is geographically dispersed throughout the United States, Territories and Germany. The P3 team consists of Army Reserve Employment Specialists that are dedicated to providing career advancement support and access to resources that will assist with meaningful training and job opportunities.

Transition Readiness Liaisons provide support and job opportunities at select active-duty installations. They support Demob Soldiers and active-duty Soldiers going in the AR.

To locate your local support Team, visit [www.usar.army.mil/P3](http://www.usar.army.mil/P3) and use the interactive map.

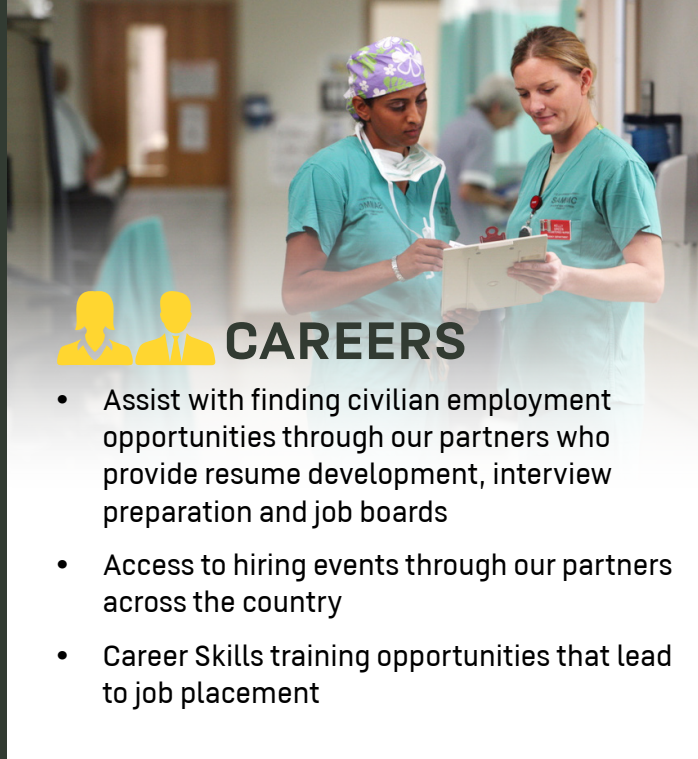
**“Our Soldiers live in two worlds. They bring their civilian experiences and military skill sets along with their innovative mindsets, acquisition skills, and project management expertise to help solve the Army's most complex challenges.”**

**-LT. GEN. JODY DANIELS**  
Chief of Army Reserve and commanding general, U.S. Army Reserve Command



## CAREERS

- Assist with finding civilian employment opportunities through our partners who provide resume development, interview preparation and job boards
- Access to hiring events through our partners across the country
- Career Skills training opportunities that lead to job placement



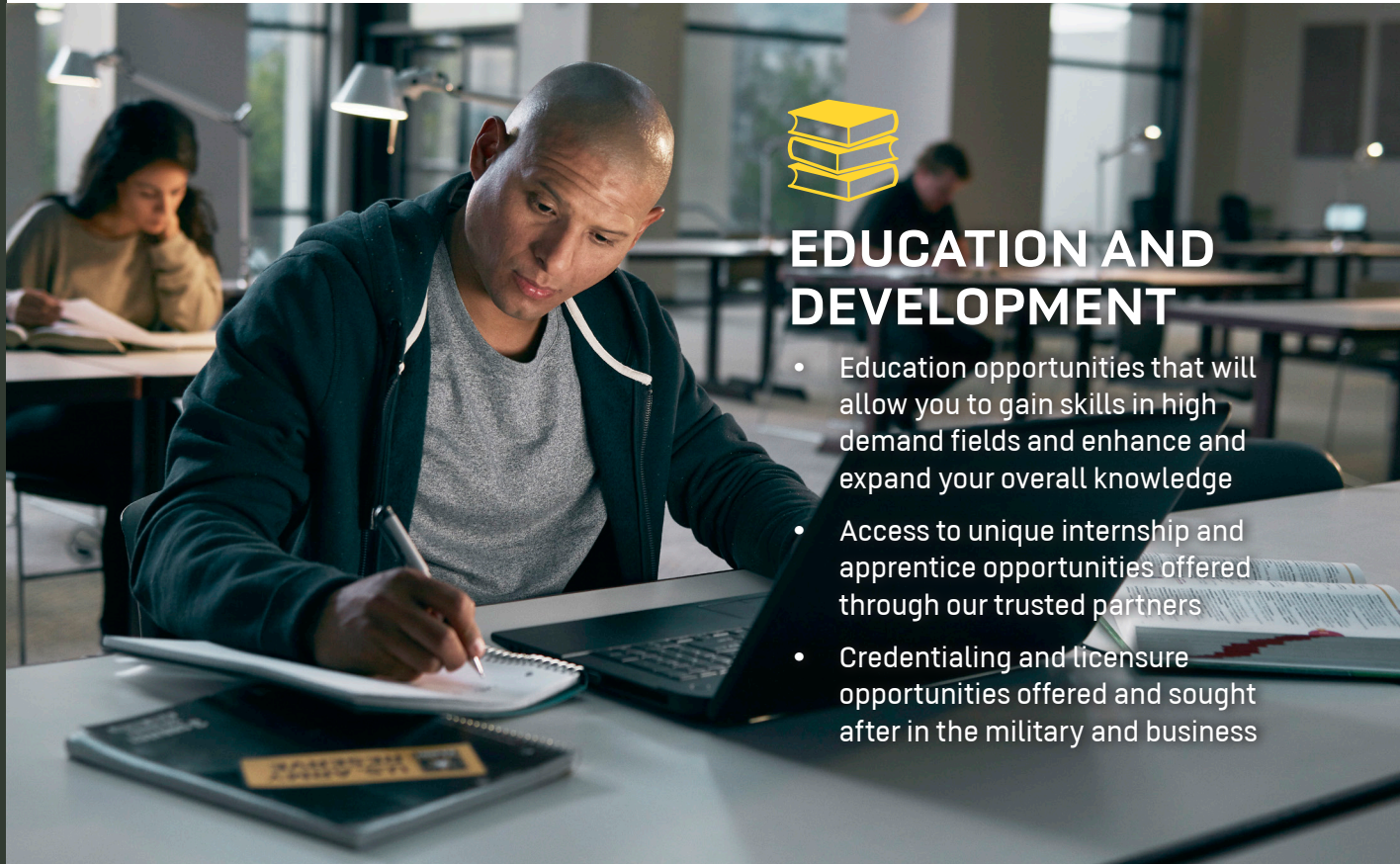
## EMPLOYER SUPPORT OF THE GUARD/RESERVE (ESGR)

- Ensure USAR Soldiers understand their Uniformed Services Employment and Reemployment Rights Act (USERRA) rights
- Work with Employer Support of the Guard and Reserve (ESGR) to maintain employer relations and communications
- Provide education briefings to Commanders and Soldiers on rights and responsibilities
- Provide orders verification and mediation



## EDUCATION AND DEVELOPMENT

- Education opportunities that will allow you to gain skills in high demand fields and enhance and expand your overall knowledge
- Access to unique internship and apprentice opportunities offered through our trusted partners
- Credentialing and licensure opportunities offered and sought after in the military and business





Find local services at  
[www.easterseals.com/connect-locally](http://www.easterseals.com/connect-locally)



## monitor your child's development

At Easterseals, we know that the first five years of life lay the foundation for a child's long-term well-being and overall success. As a leading provider of child development services, we are here to be your partner in raising a healthy and happy child. We'll help you be aware of the five key growth areas during these critical years before your child starts kindergarten. We want to ensure all children start kindergarten with the right skills to succeed alongside their peers.

Go to [www.makethefirstfivecount.org](http://www.makethefirstfivecount.org) to take the Ages and Stages Questionnaire.



## employment coaching and placement

Our dedicated team of career coaches and recruiters ensures long-term, meaningful employment for veterans, military spouses, National Guard and Reservists. We prepare candidates for employment through our proprietary e-learning and coaching curriculum.

For more information visit: [veteranstaffingnetwork.org](http://veteranstaffingnetwork.org) or call 855.VETS111

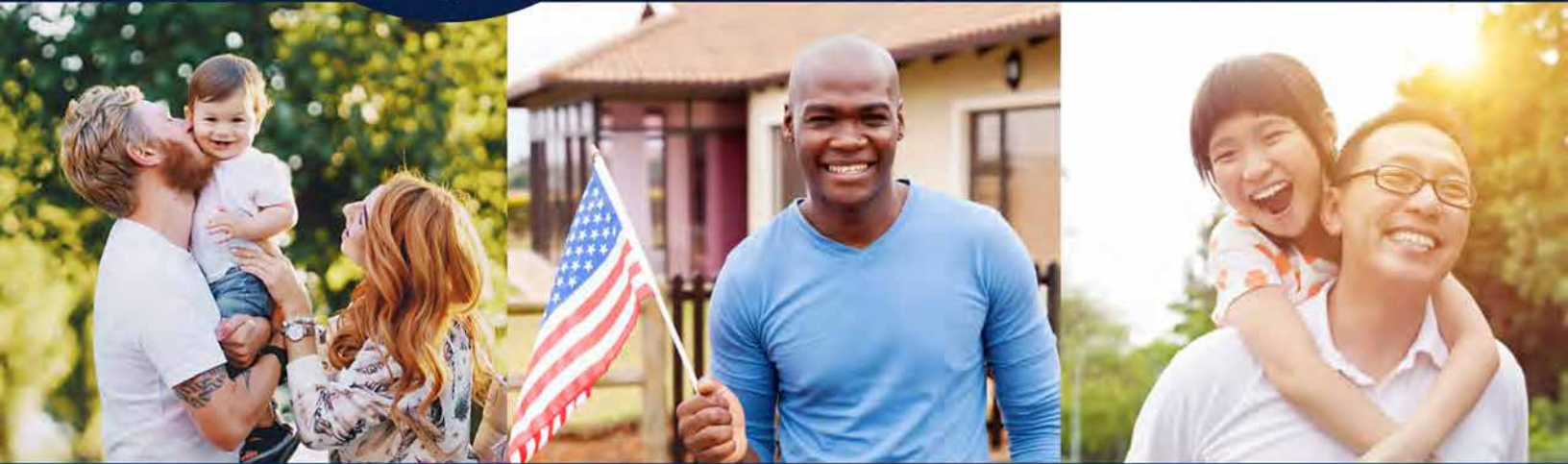


COHEN VETERANS NETWORK

HEROIC  
HONORABLE  
DEDICATED  
DUTY  
SERVICE  
BRAVE  
READY  
COMMITMENT  
COURAGEOUS  
SELFLESS  
INTEGRITY  
VALIANT

MISSION  
PATRIOTIC  
RESPECT  
ALWAYS  
COUNTRY  
SEMPER  
DEFEND

# The Steven A. Cohen Military Family Clinics



★ Therapy for Military Families, Veterans & Service Members ★

## ★ WHO WE TREAT ★

### • MILITARY FAMILIES:

Family members of active-duty service members and veterans including parents, siblings, spouses or partners, children, caretakers and others as defined by the service member or veteran.

### • VETERANS & SERVICE MEMBERS:

Post-9/11 veterans and Active Duty service members (with a Tricare referral at most locations) who have served in the United States Armed Forces, regardless of role while in uniform, discharge status or combat experience. This includes the National Guard and Reserves.

## ★ OUR CARE ★

- We offer high-quality, customized therapy for a variety of mental health challenges including anxiety, depression, PTSD, transitional issues and relationship concerns.
- Our skilled clinicians and staff are culturally competent and aware of the issues faced by veterans and their families.
- Our care is confidential and private. We will not share your information with any public, private or government entities unless required by law.

For immediate help, call the  
Veterans Crisis Line:  
1-800-273-8255, ext. 1

## ★ FIND CARE ★

Get care without having to visit the clinic. **Telehealth** is face-to-face video therapy that allows clients to have appointments in real time through confidential video conferencing.

New York	Florida
Washington, D.C.	Texas
Philadelphia	Alaska
Virginia	California
North Carolina	Colorado
Tennessee	Washington
Hawaii	Oklahoma

Coming Soon:  
Georgia

Visit:  
[www.cohenveteransnetwork.org](http://www.cohenveteransnetwork.org)

# QUICK BRIEF

In 2012, The Barry Robinson Center (BRC) became a TRICARE approved residential treatment center. Since then, BRC intentionally focused and designed its program to serve youth from military families. BRC is the the nation's first residential treatment center that serves only military connected youth.



443 KEMPSVILLE ROAD | NORFOLK, VA 23502  
757.455.6100 | 800.221.1995 | BARRYROBINSON.ORG

## KEY POINTS

- Non-profit behavioral health system 501 (c)(3)
- Working solely with military families
- Average length of stay, 5-6 months
- Serving children and teens ages 11-17



Honored to be a TRICARE approved facility.

## SERVICES INCLUDE

- Medication assessment and management
- Psychological testing
- Individual and family therapy
- Therapeutic classroom
- Recreation therapy
- Music therapy
- Play therapy
- Art therapy
- Equine program
- Facility therapy dog

## TREATMENT FOCUS

- Trauma
- ADHD
- Attachment
- Depression
- Anger
- Aggression
- Poor school performance
- Self-destructive behaviors
- Dual diagnosis for substance use

## PROGRAM HIGHLIGHTS

- Serving youth since 1933
- 32-acre open campus
- Two staff psychiatrists and 24/7 nursing care
- Facilities include dormitories, gymnasium, cafeteria and clinic
- Accredited, licensed school with small class sizes
- Activities include Scout troop, choir and guitar ensemble
- Spiritual counselor and voluntary religious activities
- Registered dietitian
- Community outings



# QUICK BRIEF

At BRC, military families find a supportive community to help with the treatment of behavioral health challenges in children and adolescents. **BRC has been honored to serve more than 500 military families from over 40 states and 5 countries.**

## Campus Photos



## From a former family...

"I can't thank you enough for having the patience to help my daughter. She is doing so well now and has a new focus and outlook on life. I am so very proud of her. She even told me that I am her role model and she has never said that before. She now actually wants to spend time with me as opposed to being with friends. I am so excited for her future now. Thank you!"

## From a former family...

"We were familiar with other area facilities and, from day one, it was clear this would be a very different experience. The campus is beautiful and feels like a nice boarding school, not a locked psychiatric facility. Extracurricular opportunities like music, choir and Scouts were offered. The staff is engaged, caring and committed. The use of extensive family involvement ensures the entire family has an opportunity to heal together. The treatment plans are carried out in stages to allow everyone to feel confident at the time of discharge. Follow up care is carefully planned. Insurance issues are handled seamlessly. All of these factors allowed us to focus solely on our child's needs. It has been over three years since my son 'rang the bell.' He is a happy, well adjusted, thriving young adult with a bright future. He still speaks fondly about his time at BRC! I cannot offer enough gratitude for the life changing care they provided."



**The Barry Robinson Center**  
*A Behavioral Health System for Youth*

443 KEMPSVILLE ROAD | NORFOLK, VA 23502  
757.455.6100 | 800.221.1995 | BARRYROBINSON.ORG

# TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS



## CARING FOR THE FAMILIES OF AMERICA'S FALLEN HEROES

The Tragedy Assistance Program for Survivors (TAPS) is the national organization providing compassionate care to all those grieving a military loss. When a veteran or member of America's armed forces dies, TAPS is on the front lines supporting the loved ones left behind.

Since 1994, TAPS has assisted over 85,000 surviving family members, casualty officers and caregivers who are grieving the loss of a military loved one, regardless of the geography or the circumstances of their death. TAPS is a top-rated charity with Charity Navigator, America's largest independent charity evaluator. Today, in its 25th year, TAPS is still the leading professional organization serving the needs of those grieving a loss in the military community.

TAPS provides peer-based emotional support, grief and trauma resources, grief seminars for adults, Good Grief Camps for children, case work assistance, connections to community-based care, and a 24/7 resource and information helpline for all who have been affected by a military loss. TAPS receives no government funding; our services are free to the surviving loved ones we serve.

TAPS was created to offer support not available through other service organizations, the military, or the government. The heart of our organization is survivors helping survivors heal; this peer based emotional support is one of the most effective strategies to assist the bereaved. TAPS provides assistance to all those affected by the loss of the military member, not just those defined as dependents or beneficiaries by the Department of Defense.

*"TAPS enables 2.4 million members of the military to go forward and meet their mission."*

CHAIRMAN OF THE JOINT CHIEFS OF STAFF GENERAL JOSEPH DUNFORD SPEAKING ABOUT TAPS

<b>BRANCH OF SERVICE OF SURVIVORS CONNECTING WITH TAPS</b>	ARMY 52%
	MARINE 17%
	NAVY 20%
	AIR FORCE 9%
	OTHER 2%
<b>TOP CAUSES OF DEATH REPRESENTED BY SURVIVORS CONNECTING WITH TAPS</b>	SUICIDE 30%
	ILLNESS 26%
	ACCIDENT 20%
	HOSTILE ACTION 6%
	OTHER* 18%

\*Non Hostile, Unknown, Friendly Fire, Homicide

TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

3033 Wilson Blvd., Suite 300, Arlington, VA 22201 ★ TAPS.org ★ Sponsor@TAPS.org ★ 202.588.TAPS (8277)

# TAPS CORE PROGRAMS AND SERVICES

17 NEWLY BEREAVED SURVIVORS COME TO TAPS EACH DAY FOR RESOURCES AND CARE

## NATIONAL MILITARY SURVIVOR HELPLINE

TAPS Helpline is answered live by TAPS at all times – 24/7/365 – with comfort and care from peer professionals who ensure the caller has open access to all that TAPS provides, including casework, peer support and community-based resources.

## GOOD GRIEF CAMPS, RETREATS, AND SEMINARS

TAPS hosts event-based programs across the country that bring surviving loved ones together in a healing environment through facilitated activities focused on coping strategies and peer connections. TAPS Good Grief Camps are structured for military children who are paired with Military Mentors.

## PEER-BASED EMOTIONAL SUPPORT

This core service of TAPS brings together a national family of all who are grieving to share their pain and find hope and healing. Most of TAPS staff are survivors of military loss who have first-hand knowledge of the uniqueness of losing a loved one who served our country in uniform.

## CASEWORK ASSISTANCE

TAPS provides compassionate assistance for all the needs a family may have, including access to pro bono legal assistance, emergency financial resources, information on state and federal survivor benefits, and connections to private social service support for survivors.

## EDUCATION SUPPORT SERVICES

TAPS guides surviving families through all the bureaucracy and paperwork necessary to receive the education benefits available for the dependents of America's fallen heroes. The Education Support Services Coordinators work with survivors to determine the best options for financial assistance.

## COMMUNITY-BASED GRIEF SUPPORT

TAPS connects families with care in their local community, including unlimited free clinical grief counseling; trauma resources; and local area support groups that are individually researched by TAPS for the needs of each survivor.

## TAPS INSTITUTE FOR HOPE AND HEALING

The TAPS Institute for Hope and Healing was founded in 2018 to serve as the critical link between military, mental health leadership, clinicians, researchers, active duty service members, veterans and their families, by providing innovative, insightful, high-impact educational events and trainings. The Institute will provide world class training in grief and loss that will benefit all of America's military families.

## SUPPORT OUR TAPS FAMILY

Sponsorship funding enables our families to  
*Remember the Love. Celebrate the Life. Share the Journey.*

## CONNECT WITH US @ TAPS.ORG



TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

For more information, or to offer your support, please contact [Sponsor@TAPS.org](mailto:Sponsor@TAPS.org) or call 202.588.TAPS (8277).



# Program Information Sheets





# Army Reserve Family Programs

Connecting: Soldiers • Families • Communities

# Resources



## Ready and Resilient Soldiers and Families



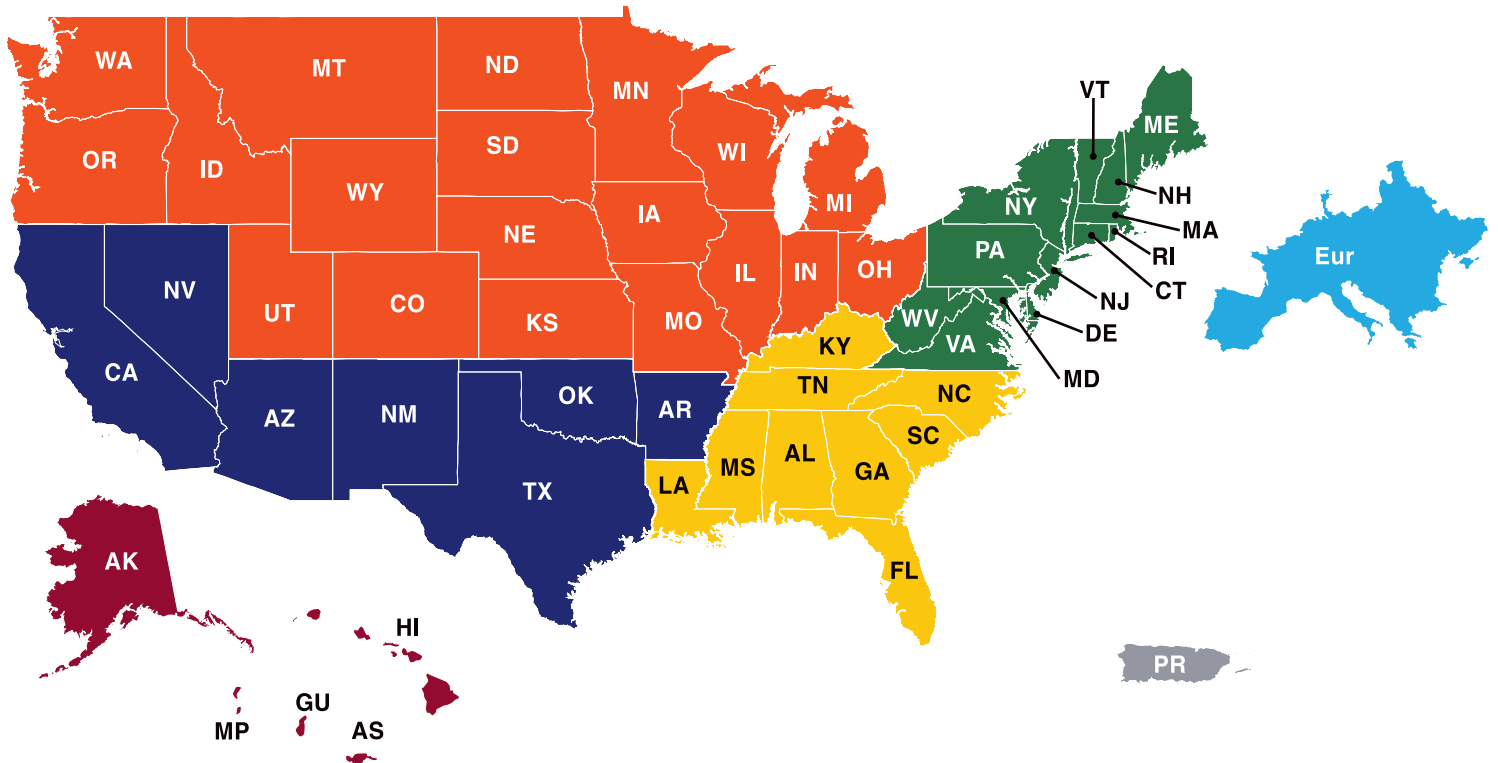
[www.usar.army.mil/ARFP/](http://www.usar.army.mil/ARFP/)

[@ArmyReserveFamilyPrograms](https://www.facebook.com/ArmyReserveFamilyPrograms)

[@familyprograms](https://twitter.com/familyprograms)

[@arfamilypograms](https://www.instagram.com/arfamilyprograms)

# REGIONAL POINTS OF CONTACT



**DEERS:** Defense Enrollment and Eligibility Reporting System, [www.dmdc.osd.mil/milconnect](http://www.dmdc.osd.mil/milconnect)

**ADPAAS:** Army Disaster Personnel Accountability and Assessment System, [www.ADPAAS.army.mil](http://www.ADPAAS.army.mil)

## 99<sup>TH</sup> READINESS DIVISION

5231 S. Scott Plaza  
Fort Dix, NJ 08640  
Office: 609-562-7507  
Email: [usarmy.usarc.99-rd.mbx.family-programs@army.mil](mailto:usarmy.usarc.99-rd.mbx.family-programs@army.mil)

## 63<sup>RD</sup> READINESS DIVISION

230 R. T. Jones Road  
Mountain View, CA 94043  
Office: 650-526-9630  
Email: [usarmy.usarc.63-rsc.mbx.63-rd-family-programs@army.mil](mailto:usarmy.usarc.63-rsc.mbx.63-rd-family-programs@army.mil)

## 81<sup>ST</sup> READINESS DIVISION

81 Wildcat Way  
Fort Jackson, SC 29207  
Office: 803-751-3559  
Email: [usarmy.usarc.81-rd.mbx.dhr-fam-programs@army.mil](mailto:usarmy.usarc.81-rd.mbx.dhr-fam-programs@army.mil)

## 88<sup>TH</sup> READINESS DIVISION

60 S. O Street  
Fort McCoy, WI 54656  
Office: 608-388-0447  
Email: [usarmy.usarc.88-rsc.mbx.family-programs@army.mil](mailto:usarmy.usarc.88-rsc.mbx.family-programs@army.mil)

## 7<sup>TH</sup> MISSION SUPPORT COMMAND

Unit 23152  
APO AE 09054  
+49-0611-143-528-0264  
Email: [usarmy.rheinland-pfalz.7-msn-spt-cmd.mbx.family-programs@army.mil](mailto:usarmy.rheinland-pfalz.7-msn-spt-cmd.mbx.family-programs@army.mil)

## 9<sup>TH</sup> MISSION SUPPORT COMMAND

1557 Suehiro Road  
Honolulu, HI 96819  
Office: 808-438-1600 ext 3191  
Email: [usarmy.shafter9-msn-sup-cmd.mbx.family-programs@army.mil](mailto:usarmy.shafter9-msn-sup-cmd.mbx.family-programs@army.mil)

## 1<sup>ST</sup> MISSION SUPPORT COMMAND

353 Wilson Street  
Fort Buchanan, PR 00934  
Office: 787-707-4082  
Email: [usarmy.usarc.1-msn-spt-cmd.mbx.family-programs@army.mil](mailto:usarmy.usarc.1-msn-spt-cmd.mbx.family-programs@army.mil)



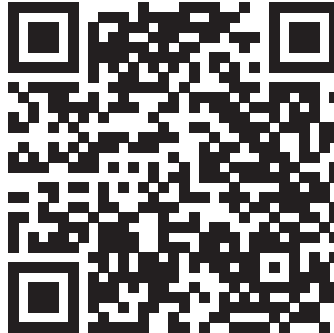
# FINANCIAL

## Army Emergency Relief (AER)



[www.armyemergencyrelief.org/](http://www.armyemergencyrelief.org/)

## Military Onesource



[www.militaryonesource.mil/financial-legal/](http://www.militaryonesource.mil/financial-legal/)

## Yellow Ribbon Reintegration Program



[www.yellowribbon.mil/cms/financial-resource-guide/](http://www.yellowribbon.mil/cms/financial-resource-guide/)

## Accounting.com



[www.accounting.com/resources/financial-aid-for-veterans/](http://www.accounting.com/resources/financial-aid-for-veterans/)

## Modest Needs



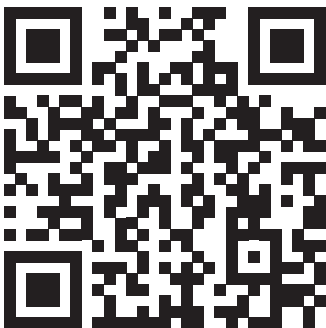
[www.modestneeds.org/](http://www.modestneeds.org/)

## Coalition to Salute America's Heroes



<https://saluteheroes.org/>

## Operation HomeFront



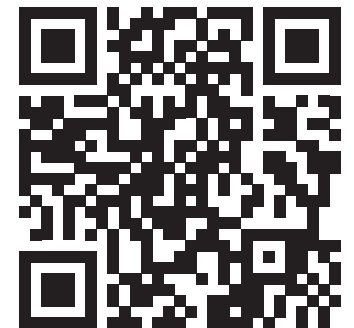
[www.operationhomefront.org/](http://www.operationhomefront.org/)

## Rent Assistance



[www.rentassistance.us/](http://www.rentassistance.us/)

## PATRIOTlink



[www.patriotlink.org/](http://www.patriotlink.org/)



# FAMILY

## My Army Benefits



<https://myarmybenefits.us.army.mil/>

## Veterans Affairs



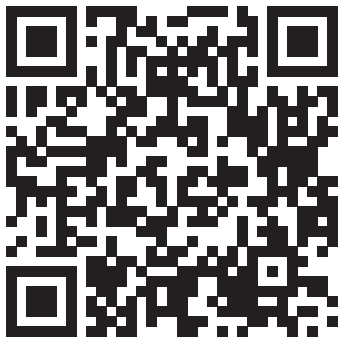
[www.va.gov/](http://www.va.gov/)

## Tricare



<http://tricare.mil/>

## Military OneSource Family & Relationships



[www.militaryonesource.mil/family-relationships/](http://www.militaryonesource.mil/family-relationships/)

## Military Officers Association of America (MOAA)



[www.moaa.org/content/topic-and-landing-pages/coronavirus-resources/](http://www.moaa.org/content/topic-and-landing-pages/coronavirus-resources/)

## Red Cross: Virtual Family Assistance Center



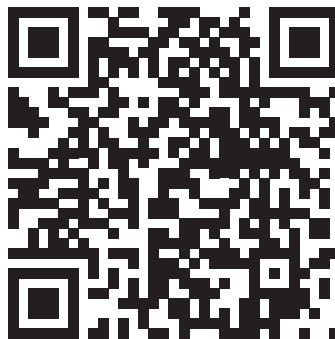
<https://www.redcross.org/virtual-family-assistance-center.html>

## Boys & Girls Clubs of America



[www.bgca.org/](http://www.bgca.org/)

## Give an Hour



<https://giveanhour.org/military-resource-center/>

## 4 H



<https://4-h.org/>



# FAMILY

Blue Star Families



<https://bluestarfam.org/>

Cohen Veteran Network



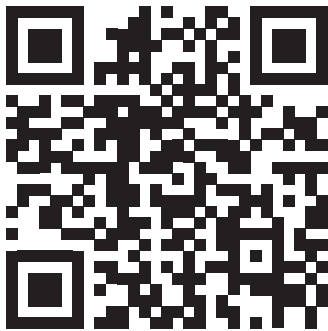
[www.cohenveteransnetwork.org/](http://www.cohenveteransnetwork.org/)

The Barry Robinson Center



[www.barryrobinson.org/](http://www.barryrobinson.org/)

Sound Off



<https://sound-off.com/get-help/>





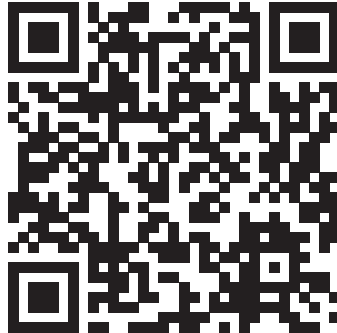
# EMPLOYMENT

## Private Public Partnership (P3)



[www.usar.army.mil/P3/](http://www.usar.army.mil/P3/)

## Military Onesource Education & Employment



[www.militaryonesource.mil/  
education-employment](http://www.militaryonesource.mil/education-employment)

## USAJobs



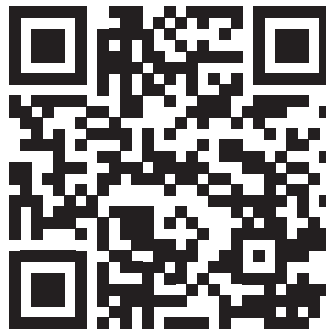
[www.usajobs.gov/](http://www.usajobs.gov/)

## Career One Stop



[www.careeronestop.org/Veterans/  
default.aspx](http://www.careeronestop.org/Veterans/default.aspx)

## Military.com



[www.military.com/veteran-jobs](http://www.military.com/veteran-jobs)

## Hire Heroes USA



[www.hireheroesusa.org/](http://www.hireheroesusa.org/)

## Blue Star Families



[https://bluestarfam.org/resources/  
careers/](https://bluestarfam.org/resources/careers/)

## Hiring Our Heroes



[www.uschamberfoundation.org/  
hiring-our-heroes](http://www.uschamberfoundation.org/hiring-our-heroes)

## Job Openings for DisABLE Veterans (JOFDV)



[www.jofdav.com/](http://www.jofdav.com/)



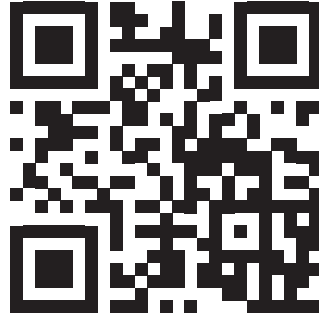
# EMPLOYMENT

**Military Spouse  
Employment Partnership**



<https://msejobs.militaryonesource.mil/msep/>

**National Association of  
State Workforce Agencies**



[www.naswa.org/](http://www.naswa.org/)

**Recruit Military**



<https://recruitmilitary.com/>

**Veterans Enterprise**



<https://veteransenterprise.com/career-search-engine/>

**Armed Services Jobs**



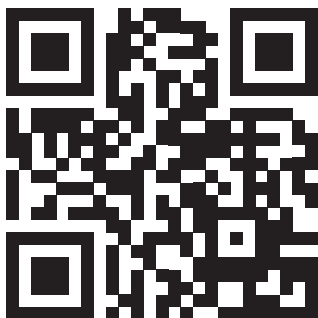
[www.armedservicesjobs.com/](http://www.armedservicesjobs.com/)

**Military Civilian**



<https://military-civilian.com/>

**Indeed**



[www.indeed.com/](http://www.indeed.com/)

**Government Jobs  
Qualified Staffing**



[www.q-staffing.com/](http://www.q-staffing.com/)

**Select Staffing**



[www.select.com/](http://www.select.com/)



# EMPLOYMENT

**PATRIOTlink**



[www.patriotlink.org/](http://www.patriotlink.org/)

**VetJobs**



[www.vetjobs.org/](http://www.vetjobs.org/)

**Veterans.gov**



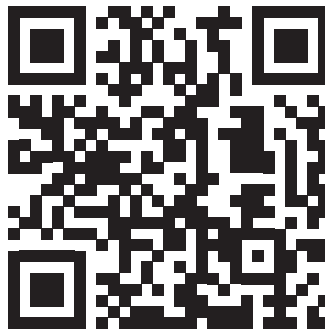
[www.veterans.gov](http://www.veterans.gov)

**Veterans.gov**



[www.veterans.gov](http://www.veterans.gov)

**FEDSHIREVETS**



[www.fedshirevets.gov/](http://www.fedshirevets.gov/)



**U.S. Department of Labor**

**Veterans and Military Spouses**



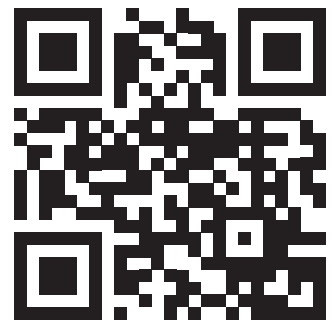
[www.dol.gov/agencies/vets/veterans](http://www.dol.gov/agencies/vets/veterans)

**Transition Assistance Program**



[www.dol.gov/agencies/vets/programs/tap](http://www.dol.gov/agencies/vets/programs/tap)

**Transition Employment Assistance for Military Spouses (TEAMS) Work Shops:**



[www.dol.gov/agencies/vets/programs/tap/teams-workshops](http://www.dol.gov/agencies/vets/programs/tap/teams-workshops)





# EDUCATION

## Training & Education

### Our Military Kids



[www.ourmilitarykids.org/](http://www.ourmilitarykids.org/)

### Military Onesource Higher Education for Children



[www.militaryonesource.mil/  
education-and-employment/higher-  
education-for-childre](http://www.militaryonesource.mil/education-and-employment/higher-education-for-childre)

### Military Onesource Higher Education for Service Members



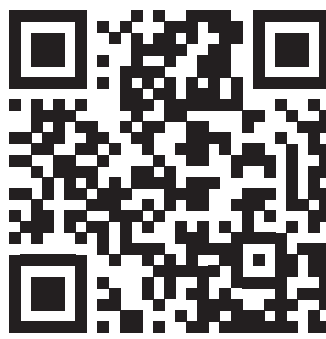
[www.militaryonesource.mil/  
education-and-employment/higher-  
education-for-service-members](http://www.militaryonesource.mil/education-and-employment/higher-education-for-service-members)

### Yellow Ribbon Reintegration Program



[www.yellowribbon.mil/cms/  
employment-resource-guide/](http://www.yellowribbon.mil/cms/employment-resource-guide/)

### Military.com



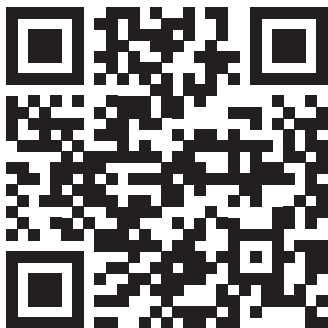
[www.military.com/education](http://www.military.com/education)

### Spouse Education and Career Opportunities (SECO)



[https://myseco.militaryonesource.  
mil/portal/](https://myseco.militaryonesource.mil/portal/)

### Tutor.com



<http://military.tutor.com/home>

### Tuition Assistance (TA) Decide



[www.dodmou.com/TADECIDE](http://www.dodmou.com/TADECIDE)

### PATRIOTlink



[www.patriotlink.org/](http://www.patriotlink.org/)



# EDUCATION

## Training & Education

Hiring Our Heroes  
Career Forward



[www.hiringourheroes.org/career-services/education-networking/career-forward/](http://www.hiringourheroes.org/career-services/education-networking/career-forward/)

Minuteman Campaign



<https://www.usar.army.mil/MinutemanCampaign/>



# Suicide Prevention Training



4R Gatekeeper Training



<https://suicide-prevention-training-teachable.com/p/4r-suicide-prevention-for-military-family-members>





# EDUCATION

## Home School Resources

**Khan Academy**



[www.khanacademy.org/](http://www.khanacademy.org/)

**Easy Peasy all-in-one  
homeschool**



<https://allinonehomeschool.com/>

**Newsela**



<https://newsela.com/>

**National Geographic  
Explorer Classroom**



[www.nationalgeographic.org/  
education/student-experiences/  
explorer-classroom/](http://www.nationalgeographic.org/education/student-experiences/explorer-classroom/)

**Field Trip Zoom**



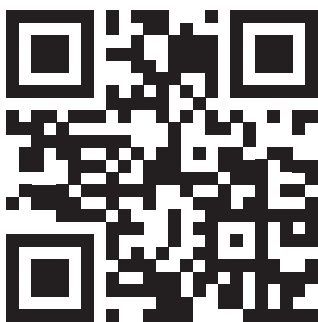
[www.fieldtripzoom.com/](http://www.fieldtripzoom.com/)

**Smithsonian Learning Lab**



<https://learninglab.si.edu/>

**Funbrain**



[www.funbrain.com/](http://www.funbrain.com/)

**Storyline**



[www.storylineonline.net/](http://www.storylineonline.net/)

**OER Project**



[www.oerproject.com/](http://www.oerproject.com/)



# EDUCATION

## Home School Resources

Chrome Music Lab



<https://musiclab.chromeexperiments.com/Experiments>

Bedtime Math



<http://bedtimemath.org/>

Code.org



<https://code.org/>

826 Digital



<https://826digital.com/>

Starfall



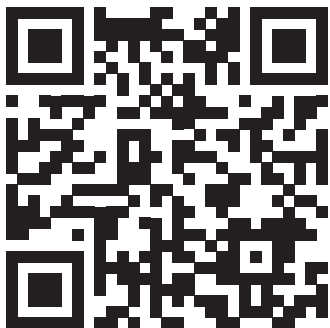
[www.starfall.com/h/](http://www.starfall.com/h/)

Free Homeschool Deals



[www.freehomeschooldeals.com/](http://www.freehomeschooldeals.com/)

Homeschool.com (Freebies)



[www.homeschool.com/freebie/deals/](http://www.homeschool.com/freebie/deals/)

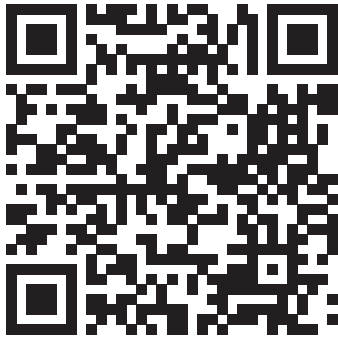




# EDUCATION

## Federal Grants and Loans

### Federal Pell Grants



<https://studentaid.ed.gov/sa/types/grants-scholarships/pell>

### Direct Stafford Loans



<https://studentaid.ed.gov/sa/types/loans>

### PLUS Loans



<https://studentaid.ed.gov/sa/types/loans/plus>

### Federal Perkins Loans



<https://studentaid.ed.gov/sa/types/loans/perkins>



## Education Resources

### Crash Course



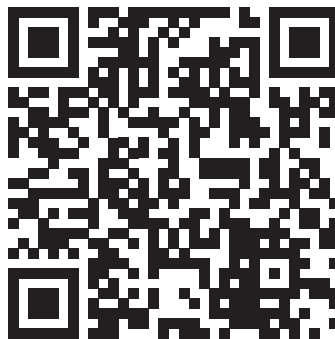
[www.youtube.com/user/crashcourse/featured](http://www.youtube.com/user/crashcourse/featured)

### Crash Course Kids



[www.youtube.com/user/crashcoursekids](http://www.youtube.com/user/crashcoursekids)

### TED Education



[www.youtube.com/user/TEDEducation/featured](http://www.youtube.com/user/TEDEducation/featured)

### Big Think



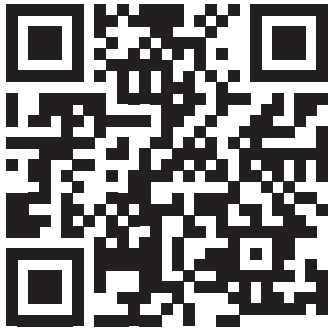
[www.youtube.com/user/bigthink](http://www.youtube.com/user/bigthink)



# U.S. ARMY & DEPLOYMENT

U.S. Army

## My Army Benefits



<https://myarmybenefits.us.army.mil/>

## U.S. Army Families



[www.army.mil/families/](http://www.army.mil/families/)

## Soldier and Family Resources



[www.army.mil/soldierresources/](http://www.army.mil/soldierresources/)

## Gold Star Survivors



[www.army.mil/goldstar/](http://www.army.mil/goldstar/)

## U.S. Army Family and Morale, Welfare and Recreation (MWR)



[www.armymwr.com/](http://www.armymwr.com/)

## Exceptional Family Member Program (EFMP)



[www.army.mil/standto/  
archive/2019/02/27/?s\\_cid=standto](http://www.army.mil/standto/archive/2019/02/27/?s_cid=standto)

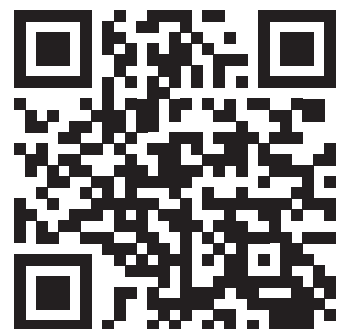
# DEPLOYMENT READINESS RESOURCES

## Yellow Ribbon Reintegration Program (YRRP)



[www.yellowribbon.mil/](http://www.yellowribbon.mil/)

## United Through Reading



<https://unitedthroughreading.org/>



# VETERANS

Department of Veterans Affairs

Compensation & Pension



<https://benefits.va.gov/compensation/claimexam.asp>

Education Services



<https://benefits.va.gov/gibill/>

Loan Guaranty



<https://www.va.gov/housing-assistance/home-loans/how-to-apply/>



★★★★ THANK YOU ★★★★★

# VETERANS

Honoring all who served!



# Army Reserve Family Programs

Connecting: Soldiers • Families • Communities

# Resources



[www.usar.army.mil/ARFP/](http://www.usar.army.mil/ARFP/)



[@ArmyReserveFamilyPrograms](https://www.facebook.com/ArmyReserveFamilyPrograms)



[@familyprograms](https://twitter.com/familyprograms)



[@arfamilypgrams](https://www.instagram.com/arfamilyprograms)